

The Oxford County Citizen.

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BETHEL, MAINE, THURSDAY, JANUARY 23, 1919.

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79TH MAINE LEGISLATURE

Augusta, Me., Jan. 18.—The 79th Maine Legislature has completed three weeks of its session and at the date of this writing it must be said that very little has been accomplished, beyond the filing with the proper authorities estimates to an amount that stagger everyone, with all the bills and resolves carrying money to come.

The number of new measures introduced has been small compared with previous sessions, but "there is hope" that enough will show up to keep the members out of mischief.

The Budget hearings, after they were transferred to the Senate chamber have been well attended and the interest of this phase of the State's business is evidently on the increase. The plain warning of Governor Milliken that the pruning knife must be used and freely used has apparently been heeded, as there is evident desire to get to the inside of all the estimates and note early in the game where the retrenchment can best be done.

The so-called Hearst resolution, introduced by Rep. Cowan of Winterport, has raised the largest ripple, almost creating excitement. It was tabled for printing and is expected to command the attention of all when brought up for consideration.

The Budget Hearings
The Budget hearings were resumed Tuesday in the Council chamber, with Gov. Milliken presiding and the Executive Council and Appropriation committee present.

Chairman B. F. Cleaves of the Public Utilities Commission asked for \$500 in increase for his chief engineer, who he said the commission would otherwise lose; \$4,000 for continuation of the work of guarding against pollution of sources of water; \$2,000 for an examiner, who would relieve the commission of much work and greatly aid in investigating cases; \$1,000 for an assistant reporter, already at work; \$1,000 for increases for accountant and his assistant; \$5,000 for co-operative work with the United States Geological Survey; the work consisting of mapping the State, the government meeting the State appropriation and doing all the work; and \$15,000 for the grade crossings work, which he said was the limit of expenditures by law and he thus judged the amount to be expended.

Judge Cleaves said that government control of the railroads had not released the commission from any duties nor lessened the work, as all the utilities still filed rates and but 15 of the 458 steam railroads, whose attention would again be renewed when government control ceased. He thought the commission still had the right to fix rates, but actual attempt at that would result in the case going to court, the United States taking it from the State court and then a dismissal, as the director general would claim the United States was being sued through him.

Judge Cleaves, at the suggestion of Gov. Milliken, gave the committee a sketch of what the commission had done in the last two years regarding steam railroad freight rates. Being convinced of unfair and discriminatory rates being used, in the guise of commodity rates, Robert Mantoul of Boston was employed and made a careful study of conditions, being engaged from April until late in November, 1917. The work cost about \$4,000. When he completed his work, it was well known that we were to have government control of railroads and in December it became a fact. It was then deemed unwise to make any changes and the matter has laid dormant.

He said it was difficult to make an exact statement as to the increase of rates under federal control, but, supposedly placed at 25 per cent, it was frequently more; as illustrated by coal, roads carried 25 per cent from mines to water ports and then the vessels added 50, making it 75 per cent.

Philip J. Deering, chairman of the Highway Commission, asked for \$85,000 for resurfacing parts of the Portland-Barnstable highway; absolutely necessary. Maintenance and administration will require \$355,000, of which \$260,000 would be paid by towns and cities, and about \$95,000 for the State is pay.

He estimated that the automobile receipts for 1919 would be about \$625,000 and in 1920 about \$660,000.

He said the time had come to take action in the Bath-Woolwich ferry matter and thought that the State should acquire it, as it is a part of a great State highway, put on a proper boat and operate the kind of service that trade at that point warrants.

One trunk line job had to be deferred.

THE NATIONAL CAPITAL Events of Interest From Washington

By J. E. Jones

SHIPS ON PAPER—AND OTHERWISE

Chairman Hurley of the United Shipping Board, is in Europe, and his mission is to make a new chart of the high seas for Uncle Sam's ships. We are promised that the Stars and Stripes will be found in nearly every port of the world, because the merchant marine of the American Government now comprises more than 7,250,000 tons of shipping, whereas before the war our part in ocean transportation was negligible.

Foreign commerce has become one of the live problems of the Nation, and it is discussed freely at Washington. Several of the departments and bureaus of the Government have taken positive steps to "cash in" on the ten-year-old expectations that have existed with reference to Central American and South American trade.

The fate of the German ships that were seized by the United States Government will be determined at the peace table. In addition to the 600,000 tons in the possession of the United States there are German ships in many ports of the world that will never again be operated under the flag of the fatherland. The American losses in ships totaled about 328,000 tons.

The extent of the English loss in tonnage has not been determined, but the amount is enormous. Before the war England and Germany were the principle factors in the world in foreign commerce. By the fortunes of war both nations are now secondary to the United States.

THE INDUSTRIAL MELTING POT

Returning soldiers are finding pleasant reading in the statements of local committees to the effect that there are "jobs for all soldiers," but the soldiers themselves are facing a period of "readjustment" since the kind of employment, as a rule, consists in "a job," without reference to what it may consist of. Some of the big concerns have held the positions of their employees open, but many of the boys are returning to face a new melting pot in which they are expected to become new factors, and "start over again."

INDEPENDENT OF GERMAN POTASH

Close upon the heels of the particulars concerning the achievements of American chemists in putting our own national dyes "over the top," comes frequent official assurances that "the United States does not need German potash." Secretary of the Interior, Franklin K. Lane says that when the war started, this country having had nearly a quarter of a million tons of potash from Germany each year, found herself suddenly cut off from this important fertilizer material. American scientists got busy and it was not long before potash was being obtained from the brine lakes of California, Nebraska and other states; from kelp; and from the seaweed of the Pacific Coast, and from various minerals. The scarcity of potash has boosted the price and this new industry has been profitable.

Strangely enough, in the very hour when so much is being looked for from the Government, and at the very moment when so many nimble-minded political gentlemen are forecasting the "Utopia that is to come with a socialistic form of government, we find that the two great needs of American industry, namely dyes and potash, have recorded their industrial achievement by the route of private initiative. Just as the great transcontinental railroads, to meet the needs of a rapidly expanding population, and just as electric power and waterways, and ten thousand first-class miracles in industry and business were brought about by the initiative of human beings seeking fame and fortune, so has the great problem with reference to potash been solved by American genius and enterprise.

THE EXCELLENCE OF INTERESTS

Mr. O. H. Wilcox, a prominent Senator of New York, has made a strenuous plea for more thorough cooperation in industrial affairs. "Our industrial and commercial structure is based upon cooperation," he says, "and this cooperation, he finds, requires 'the employment of mechanical power in economic leg human effort and multiplying the product of labor, and is dependent for expansion and growth upon the supply

GOULD'S ACADEMY

Sub-Master Charles L. Pollard attended a Conference of Boys' Work Leaders in Portland on Friday and Saturday of last week.

Miss Rosamond Grover of Wisconsin entered the freshman class of Gould's Academy and has taken up her residence at Holden Hall.

Mr. Joseph M. Duggan, Gould's 1913, writes interestingly from Saint Agnan, France. He is a member of the A. E. F., Hospital Corps, and has charge of a ward of forty beds in a large hospital at that place.

The winter number of the Academy Herald is now in the hands of the printer, and will come from the press in a few days. This is a special patriotic edition and is dedicated as follows: "To the sixty-five sons of Gould's Academy who honored its name and upheld its best traditions by responding to their country's call in the hour of its need, who fought and suffered for the cause of liberty, justice and humanity, this issue of the Academy Herald is affectionately and reverently dedicated."

Orders for this number may be left with the Principal.

NEW BOOKS AT BETHEL LIBRARY

The following books have recently been added to the Bethel Library:

The Rough Road, Wm. J. Locke
Joan and Peter, H. G. Wells
A Daughter of the Land, Gene Stratton Porter

A Soldier of the Legion, C. N. and A. M. Williamson
The Zepplin's Passenger, Oppenheim
The Pawn's Count, Oppenheim

Elizabeth's Campaign, Mrs. Ward
Oh, Money, Money, Elinor H. Porter
Out to Win, Coningsby Dawson

Confessions of a Czarina, My Company, Capt. Carroll Swan
Roots of the War, Wm. Stearns Davis
The Magnificent Ambersons, Booth Tarkington

The Earthquake, Richard Baldoek
The Grackles, Archibald Marshall
The Kaiser As I Knew Him, Davis

Grantham, Ethel Dell
The Star in the Window, Olive Higgins Prouty
Out of the Silence, M. E. Waller

The Salt of the Earth, Mrs. Alfred Sidgwick
Blue Lights, E. F. Benson
An Autumn Bowling, E. F. Benson

Home Fires of France, Dorothy Canfield
Miss Meek's Soldier, Alice Hegan Rice
The Red Heart of Russia, Beatie Beatty

When the Prussians Came to Poland, Countess Cypariski
The Library has received through the generosity of Miss Alice Chapman of Milwaukee: The Autobiography of Henry Adams, Donald Macmillan's Arctic Travels, and the Poems of Robert Service, books which are of permanent value and which are much appreciated.

"The factors, and elements that are within reach have only to be utilized in the true meaning of 'cooperation,'" argues Mr. Wilcox, to produce the "most efficient public service at the lowest possible cost." But that "cooperation" is somewhat of an ideal, little dream, must be apparent to Mr. Wilcox, since he quotes from a report of the Senate Committee on Public Lands, which says: "Millions upon millions of available water horsepower are annually running to waste in this country for want of utilization on a scale of the lack of proper laws."

Volumes of detail could be written around the text furnished by Mr. Wilcox, and the application given to it by the Senate Committee. The Committee might also have added that it is a human possibility for its members to look out across the Potomac any day and see floating past Washington, joining the waste of centuries, enough power to equal five hundred tons of coal a day.

The legislative machines at Washington, and in the States, are rich in the excellence of their intentions, but the way in which these intentions fail to function causes one to involuntarily recall the old expression dealing with a certain very undesirable place that is "paved with good intentions," since the facts show that the development of water power in the United States amounts to but 4,000,000 horse power, while 39,980,000 horse power is only waiting to be harnessed.

But power has been locked up in consequence cooperation has failed to make proper adjustments between the

Our New Grange Hall
Three years ago where we now sit, Was but a charred and blackened pit; For demon fire, as you must recall, Had just destroyed our old Grange hall.

So back to the vestry then we went, Where many busy hours had been spent, Since Bear River Grange, No. 285 In 1886 was organized.

The following meeting though without regalia

GRANGE NEWS

FRANKLIN GRANGE

Franklin Grange held a meeting Saturday P. M., Jan. 18, with just enough members present to open and close. Because of so much sickness the installation has not been held yet, but will be at our next regular afternoon meeting, Feb. 1. We hope all members, who are able, will be present.

NORWAY GRANGE

The fall and supper with the moving pictures in the evening of "What Money Can't Buy," was very well patronized. The quilt was not decided on as all of the numbers were not in—but will be at a later date presumably at the meeting of Jan. 25.

The installation of officers will be held Saturday, Jan. 25, meeting to open at 1 P. M., Leon Brooks of Paris Grange is to be the installing officer with Clarence Buck and Mrs. Ada Cox, assistants.

LONE MT. GRANGE

Mrs. Owen Lovejoy was installed as Ceres and Mrs. Claude Marston as Pomona at Lone Mt. Grange, Saturday. The following committees were chosen for the year:

Executive Com.—John Talbot, Frank Gordon, Mrs. W. N. Akers.

Finance Com.—John Bailey, L. R. Hall, Mrs. W. L. Learned.

Charity Com.—Mrs. C. A. Andrews, Mrs. Emma Lovejoy, Mrs. Minnie Sweet.

The Lecturer gave the following program:

Song, Grange
Reading, Mrs. Sylvanus Poor
Question: What are the future agricultural problems for the farmer?

E. M. Bailey
Grace Clark
Paper: How to attract and keep the birds around the home,

Mrs. C. A. Andrews
Instrumental Music, Sadie Bailey
Reading, Mrs. Peter Learned

BEAR RIVER GRANGE

Bear River Grange held an all day meeting Jan. 18, for installation of officers. At 12:30 a bountiful dinner of baked beans and pastry was served to about fifty, after which all retired to the upper hall where the meeting was called to order by Past Master, R. A. T. Powers. Secretary called the roll of officers elect; Pomona absent. Worthy Master introduced Bro. J. H. Martin of Barnford Center Grange, who, with a few well chosen remarks, proceeded to install the officers. He was very ably assisted by Brother and Sister F. L. French. The following officers were installed:

Master—C. F. Saunders.
Overseer—Earl Davis.
Lecturer—Susan Wright.
Steward—Perry Drinck.
Chaplain—W. D. Kilgore.

Asst. Steward—Fred Wright.
Treasurer—S. P. Davis.
Secretary—L. E. Wright.
Gate Keeper—M. A. Holt.
Ceres—Addie Saunders.
Flora—Maudie Bailey.
L. A. Steward—Ida Wright.

The Worthy Lecturer presented the following program:

Opening Song, "Star Spangled Banner"
Reading, Gwendolyn Godwin
A. T. Powers

Song, encore, Earl Davis, Ferol Drinck
Grange Paper, part 1 by W. M.
Reading, encore, Mabel Bailey

Song, Installation Ode
Grange Paper, part 2, by Sister Saunders

Heading and remarks by Bro. Martin
A rising vote of thanks was extended to Bro. Martin.

Recitation, Sarah Stearns
Song, "The Rose is 'No Man's Land,'" Chorus

Reading, Elizabeth Emery
Farce, entitled "Newby Corner," by Eli Stearns and C. F. Saunders.

The Worthy Lecturer thanked all for their help on the programs the past year and requested them to continue. She also announced that the unmarried members were to entertain next meeting. Editors for paper appointed: Sister Nellie Holt, Bro. Dennis Kilgore.

Closing Song, "America."

Our New Grange Hall
Three years ago where we now sit, Was but a charred and blackened pit; For demon fire, as you must recall, Had just destroyed our old Grange hall.

So back to the vestry then we went, Where many busy hours had been spent, Since Bear River Grange, No. 285 In 1886 was organized.

The following meeting though without regalia

FRENCH WAR ORPHANS

The following letter has been received by Mrs. F. B. Tuell from the little French girl to whose support the Ladies' Club of the Congregational church is contributing. It is interesting to know that the older sister of this child has been adopted by Miss Mary Hastings of Fryeburg who is very enthusiastic over the letters she receives.

My Dear Madame:— I was so touched by your card and so very happy to receive the beautiful handkerchief you were so kind to send me that I don't know what to say. You can be assured of my thanks.

Dear Madame, I hope that you will have the happiness of seeing monsieur your son very soon. I wish I could know him and thank him.

My mamma charges me to present to you her thanks, for you are good to write to a poor child who has no longer a papa. I live with my mother, my sister who is twelve years old and my little brother who is three. I am eight. My little brother has never known his papa for he was born six days after my papa was killed. My mother has much sorrow and cries every day and has much to do to bring us up.

We work in the fields. It is very hard for her because she has to go out when she is not well. Dear Madame, at the time of the New Year I offer to you and your family my best wishes for a Happy New Year and may the good God send your son home safely. My mother and all my family pray you to accept their best wishes. I send you a card of Maxay, the church and the Mayor's house.

With all gratitude believe me, Madame, your affectionate Marie Berwage.

The money from the box at the Inn from Oct. 23 to Jan. 15 was \$75 cents, from the Bank box \$2.50. That is a considerable falling off from previous contributions and there will not be enough to make the fourth quarterly payment due Feb. 1st.

Those who are interested in these children certainly find keen satisfaction in them. Will not a generous people give now, to the little Claude Gourves.

With good Grangers on deck, was not a failure, But installation! You should have been there, For every officer was decked out for fair.

Because Bro. "Don" had been to State Grange And he and "Horn" Mason had picked up some change By telling the grangers assembled there To help all up the hat if a cent they could spare.

We decided to build the very first thing, So the new hall was started the following spring. Sometime in August that very same summer The hall was complete, and it sure is a hummer.

With a big dining-room and a kitchen so neat, The ground floor part is surely complete. While up in the hall with its nice polished floor Is where we hold meetings and have dances galore.

On September 1st in 1916, With as big a crowd as you ever have seen, We danced to good music at the opening ball, And had a big feed in the new dining hall.

Since that first Grange meeting and the opening ball There has been many a session enjoyed by all. And lots of clean dances yielding a profit, Given by the Grange whenever they saw fit.

We've bought a piano, a real fair we have had, For a Grange of this size, that's not too bad. And with a new coat of paint this very next spring It will no doubt be a beautiful thing.

Now to build a hall, you bet it's no snap, But we've put Newby Corner on the map, And here's a good luck to 285 Long may she live, well may she thrive.

WANT COLUMN.

Twenty-five words or less, one week, 25 cents; second week, 15 cents; each additional week, 10 cents.
Each word more than 25: One week, 1 cent and each additional week, 1/2 cent.

YOUNG'S SHOE STORE

OVERSHOES for men, women and children.

FELT SHOES in all sizes and weights.

LUMBERMEN'S OUTFITS in all kinds of combinations.

Large assortment of RUBBERS.

WOOL MACKINAWs at special reduced prices.

I have a lot of No. 1 shoes that I am offering at genuine BARGAIN prices.

Phone 14-4

FOR SALE AT A BARGAIN

Holstein bull calf, 11 months old, eligible to register.
E. E. BENNETT,
Mayville, Bethel, Maine.

The Children's Hospital of Portland, Maine, offers to young women of high school education or its equivalent a two and one-half years course of training which includes six months at Bellevue Hospital, N. Y. City. Address: SUP'T OF NURSES, 91 Danforth St., Portland, Me. 1-9-31.

WANTED
HOME EMPLOYMENT. BRAIDING rugs for us is pleasant, easy, well-paid work. For particulars address Phelps & Pinkham, Inc., 319 Anderson St., Portland, Maine. 1-9-14.

On receipt of three dollars we will mail to you one pound of the best Worsted Khaki Sweater Yarn—5 lbs. 14 dollars. Concord Worsted Mills, West Concord, N. H. 1-9-31.

FOR SALE
Registered Guernsey bull calf, four months old.
W. L. ROBBINS,
Birmingham Farm,
1-16-31-p. Bethel, Maine.

TEACHER WANTED
Wanted a teacher for Greenwood City school to begin at once. Apply to CHAS. E. LORD, Supt. of Schools, Bethel, Maine.

NOTICE
Will pay 3 cents per pound for clean rags suitable for wiping presses. CITIZEN OFFICE.

NOTICE
Typewriter to let by the week or month. 50c per week, \$2.00 per month. Inquire at CITIZEN OFFICE.

Dr. Austin Tenney, Oculist, will be at the residence of Clarence Hall, Bethel, Secretary, Feb. 1st and 2nd, 1919, once each month thereafter. Eyes treated. Glasses fitted.

ORDERED, the Senate concurring, that the time for the reception of petitions and bills for private and special legislation be limited to Friday, January 31, 1919, and that all such petitions and bills presented after that date be referred to the next Legislature; that the clerk of the House cause copies of this order to be published in all the daily and weekly papers in the State until and including Thursday, January 30th, next.

House of Representatives.
Jan. 16, 1919.
Read and passed.
Sent up for concurrence.
Clyde H. Chapman, Clerk.

In Senate Chamber.
Jan. 17, 1919.
Read and passed.
In Concurrence.
L. Ernest Thornton, Secretary pro tem.

HARD TO KEEP TRACK
A man may never know where his second pair of suspenders are, but did you ever know a woman who could tell exactly where her hat pins were when she wanted them?—Cleveland Leader.

THE OXFORD COUNTY CITIZEN

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BY FRED B. MERRILL.

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THURSDAY, JANUARY 23, 1919.

NORWAY

The Norway Clerks' Association met Friday evening at the Municipal court room and elected officers and committees as follows: President, W. Mafoed Mann; Vice President, Walter Chandler; Secretary and Treasurer, Miss Adeline DeCoster; Executive Committee, Raymond H. Eastman, Miss Mary Downing, Edward L. Bunnell; Refreshment Committee, Miss Marion Bradbury, Herman Lewis, Miss Ruth Carroll, Edward Hood, Miss Ruth Akers; Music Committee, Mrs. Chas. S. Akers, H. Douglas Farrar, Mrs. Charlotte Moore; Decorating Committee, Charles S. Akers; Reception Committee, all the lady clerks with Mrs. Doris Morrill, chairman. The date of the ball, which will be the 25th annual affair, was set for Feb. 25. A meeting has been called for Tuesday evening at the Municipal court room to make arrangements for special features, as it is expected the soldier boys will have returned by that time.

Miss Betrand O. McIntire has been in Springfield, Mass., this week to attend the meeting of the Federal Land Bank.

Miss Laura Stevens, who was operated on at the C. M. O. Hospital, Lewiston two weeks ago, is making a fine recovery.

Mrs. Arthur B. Hill, who has been sick with influenza at the home of her parents, Mr. and Mrs. J. Walter Nash, Pleasant street, has recovered sufficiently to return to her home in Gray.

George Ooss is moving his family to the Tubbs rent vacated this week by Mr. and Mrs. George H. Dunn, who have gone to their new home purchased of Fred L. Harrison. The Harrisons have moved to the Porter Heasars house on Pleasant street, South Paris, for the winter.

Mr. Hepe Rebekah Lodge held its annual installation of officers Friday evening. Mrs. Gertrude Libby and suite, comprised of Gertrude Hesser, grand marshal; Dora Brett, grand warden; Alice R. Danforth, grand chaplain; Lillian B. Bartlett, grand treasurer; Vera Kimball, grand secretary; Emma Cullman, grand inner guard; and Maude DeCoster, grand herald, performed the work in creditable manner. The officers installed were:

Noble Grand—Mrs. Hazel Brown.
Secretary—Mrs. Eva M. Kimball.
Treasurer—Mrs. Mattie M. Sawyer.
Warden—Mrs. Della McAllister.

Conductor—Mrs. Grace B. Bennett.
Chaplain—Mrs. Laura P. Brown.
R. H. O.—Gertrude M. Hesser.
L. H. O.—Editha Brett.
I. O.—O. J. Julian Brown.

On account of illness, the vice grand, Miss Annie Whitehouse, was unable to be present and will be installed at the next meeting.

The installation of officers of Harry Reed W. K. C., which was to have taken place last week, has been postponed on account of sickness to Feb. 6.

Miss Mildred Millett, who has been in Mechanic Falls, returned to Norway, Wednesday.

Fred W. Kowell, who has been recently discharged from the service, has

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

V. J. CHERNEY & CO., Toledo, O.
We, the undersigned, have known P. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him. Sold by all Druggists.
Take Hall's Family Pills for constipation.

gone to Portland.
Albert J. Stearns and fifty other Norway people have petitioned the Maine Legislature for a law providing that no person shall take, catch and kill in one day more than five black bass in Lake Umbagog.

Bert L. Hutchins has moved from Sumner street to his father's on Pleasant street.

B. Franklin Faunce of the Carnegie Steel Company, Pittsburg, Pa., was the guest of his parents, Mr. and Mrs. Frank W. Faunce, one day last week. Richard J. Hiles has gone to Pittsburg, Pa., where he has obtained employment in the Carnegie Steel works.

Mrs. Ethel Durgin of Haverhill, Mass., is visiting her sister, Mrs. Myrtle Millett Currier.

Elmer Hussey, who has been with his parents, Mr. and Mrs. Horace Hussey, has returned to his school in Wickford, R. I.

Philip M. Everett is cutting pine on the Common lot near the Harrison road.

Private Guy Cotton arrived home Thursday from Camp Devens. He left Norway for Camp Devens, July 24, when he was detailed to the Guard and Fire Company of the 33rd regiment.

After about 25 years of service as president of the Norway National Bank, C. N. Tubbs has resigned owing to ill health and advancing years. He became president after the death of H. M. Pearce in May, 1894. He relinquished his office at the annual meeting last Tuesday. The following officers were elected at that meeting:

Pres.—Howard D. Smith.
Vice Pres.—Leander S. Billings.
Cashier—Fred E. Smith.
Directors—C. N. Tubbs, L. S. Billings, H. B. Foster, W. L. Gray, E. E. Andrews, P. W. Sanborn, H. D. Smith.

Homer Truman of Norway will wrestle with A. K. Birch, a native of Finland, at the Opera House, Tuesday evening, the 28th.

The schoolhouse at Swift's Corner was destroyed by fire, Saturday evening, Jan. 11.

Mrs. Elizabeth Richardson is at Dr. A. A. Cobb's private hospital, Auburn.

The following officers of the Ladies' Aid of the Methodist church have been elected:

Pres.—Miss Rita M. Noyes.
Vice Pres.—Mrs. H. J. Nichols.
Sec.—Mrs. Lucella Merriam.
Treas.—Mrs. George Russell.
Work Com.—Mrs. D. L. Joslyn, Mrs. Lucella Merriam.

The following officers of Norway Lodge, I. O. O. F., were installed last week by District Deputy Edward J. Sharen, assisted by John P. Jenkins as marshal.

Noble Grand—Wm. J. Russell.
Vice Grand—Harold B. Bennett.
Secretary—D. M. French.
Treasurer—H. E. Lovejoy.
Warden—O. J. Foss.

Conductor—O. J. Burgess.
H. R.—O. J. Brown.
L. R.—E. J. Sharen.
L. H. R.—O. A. Ballard.
H. R. R.—Walter Dunham.
O. O.—W. W. Fiske.
R. R. V. O.—E. F. Blake.
L. H. V. O.—H. L. Brown.

GROVER HILL

What fine weather.
Mrs. Almon Tyler and children, Raymond and Alice, were week end guests of her parents, Mr. and Mrs. Fred Shaw, Robinson Hill.

Mr. and Mrs. Wesley Wheeler and daughters, Freda and Myra, from Bethel were guests of Mr. and Mrs. A. B. Grover, Sunday. The occasion was to observe the twelfth anniversary of the marriage of Mr. and Mrs. Wheeler.

Mr. and Mrs. Fred Wood from Bethel village also called at Albert B. Grover's, Sunday P. M.

Mrs. Raymond B. Tibbotts and children, Abby and Mary, from Bethel were guests of Mrs. Harry A. Lyon and Eleanor, Jan. 9.

Mr. H. M. Kendall from Newry called at Fred A. Mundt's, Sunday.

Mrs. Carrie Grover from Gorham, Me., was the guest of her mother, Mrs. Eliza Spinnay, and sister, Mrs. Bertha Mundt, last week.

The three youngest children of F. A. Mundt were ill of chicken pox last week.

Mrs. H. A. Lyon and daughter, Eleanor, were guests of Mrs. R. B. Tibbotts and children at Bethel one day last week.

Miss Gladys Spearlin from Bethel was the last week guest of her friend, Mrs. Mildred Lyon, at the farm.

W. H. Hutchinson and son, Erwin, are cutting cord wood.

Alton Hutchinson is cutting cord wood for Almon Tyler, who is hauling it to Howard Thurston's mill.

Friday we received a letter bearing the sad intelligence of the death of Mr. Albert E. Shephard in a hospital in Chicago, Ill., Jan. 16. He was on his way to Arizona when taken critically ill. Albert will be pleasantly remembered by many Bethel friends who will be sorry to learn of his sudden death. His age was 22 years, 8 months and 23 days. The funeral was at Brooklyn, N. Y., Jan. 19, 1919.

RICHARDSON HOLLOW

R. E. Chapman is getting his tea. E. B. Barker helped him saw it.

Mrs. W. E. Penley entertained Grace Dearden at supper and a sliding party, recently.

G. W. Richardson was in Norway and South Paris on business last week.

E. W. Penley of West Paris was in town, Saturday.

Mrs. W. E. Penley was in Norway and South Paris shopping, Wednesday.

August Villala has begun hauling pulp to West Paris.

G. W. Richardson has been appointed secretary and treasurer for the P. of H. Insurance Co. for the next year.

Alma Noyes spent the week end at home.

Mrs. Gabriella Jackson, who has been visiting at G. W. Richardson's, has returned to her home at South Paris.

Mrs. G. W. Richardson is ill with the prevailing epidemic.

The following officers of Oxford Chapter, Eastern Star, were installed last week by Worthy Matron Emma A. Duck with Mrs. Alice E. Smith, marshal:

W. M.—Mrs. Mabel K. Leavitt.
W. P.—Wm. C. Leavitt.
A. M.—Eva M. Kimball.
Sec.—Marguerite Welch.
Treas.—Evelyn I. Cook.
Cond.—Beatrice Stone.
A. C.—Ruth Carroll.
Chaplain—Laura A. Sanborn.

Marshal—Elizabeth P. Brooks.
Organist—Pearl Cook.
Adah—Genevieve Barker.
Ruth—Ethel M. Luck.
Mother—Eldora Brett.
Martha—Ada K. Tabbs.
Electa—Clara L. Luck.
Warder—Jaez R. Cummings.
Sentinel—Homer R. Luck.

SOUTH PARIS

Stanley Whitney, five year old son of Charles Whitney, while riding on Myrtle street, Thursday, ran into an auto truck belonging to Alton Maxim, with Alton Grant as driver. The boy was not seriously hurt. A doctor was called.

The yearly bonus was paid to the employees of the Paris Manufacturing Co. on Wednesday, Jan. 15, by the manager, George R. Morton.

The epidemic seems to be waning, although there are still many cases in town. The schools opened Monday.

Mrs. Lizzie F. (Bird) Clifford, wife of Osman K. Clifford, passed away at her home on Highland avenue, Thursday afternoon after an illness of about one week of influenza, followed by double pneumonia. She was the daughter of Amos A. and Anna J. (Edgerly) Bird, 47 years of age. She was one of four children. The deceased was a member of the South Paris First Congregational church and also a member of South Paris Grange. She is survived by her husband, one son, Morton Clifford, 22 years of age, her parents and one brother, Roy Bird, of Worcester, Mass.

The funeral services of Mrs. Osman K. Clifford were held at the home on Highland avenue, Saturday afternoon, Jan. 18, at 2 o'clock, conducted by Rev. C. Wellington Rogers of the Congregational church. Interment was at Riverside tomb.

The Red Cross rooms on Pine street will open again for work on the regular days, Tuesday and Friday. Everyone is urgently requested to come as there is a great deal of work on hand.

Mrs. Angie Heartwell, who has been caring for Scott Martin and other members of the family, who were ill with pneumonia, completed her engagement there Saturday and went to Oxford to spend a few days with her aunt, Mrs. Chester Wyman.

Miss Mabel Burgess is doing house work in the family of Dr. James G. Littlefield.

Savoy theatre opened for pictures Saturday evening for the first time for over three weeks.

Mrs. Charles Rawson and her mother, Mrs. Jackson, are both ill with the epidemic.

Mrs. Lillian Sweet and little daughter, Barbara, who have been ill for some time, are now much improved.

Roy Bird of Worcester, Mass., is a guest of his parents, Mr. and Mrs. Amos Bird, having been called here by the death of his sister, Mrs. Osman K. Clifford.

Mrs. Clinton McKee, who has been employed at the Oxford Democrat office for the past few months, has completed her engagement there and is now working with the Mason Mfg. Co.

Paul Libby is ill with influenza at his home on Hill street.

Mrs. Fred Evans returned to her home in Errol, N. H., Friday, after spending several weeks with her aunt, Mrs. Mattie Evans.

Mrs. Ella Ripley was a guest of Mr. and Mrs. William Ripley, Friday.

Sheriff Harry D. Cole has appointed the following deputy sheriffs: Ernest P. Shaw, Turkey, South Paris; Charles L. Davis, Bethel; John A. Babb, Dixfield; Frank P. Woodside, Fryeburg; Charles W. Cummings, Hebron; Walter G. Bassett, Lovell; Leon M. Small, Mexico; Harry O. Blinson, Norway; Laveria L. Niles, Philip J. Leonard, Rumford; Virgil H. Littlefield, Stoneham; Benjamin R. Hillage, Woodstock; William O. Stanley, Porter.

The Public Utilities hearing on the complaint of the citizens of Norway and South Paris against the Oxford Electric Company, alleging inadequate service, will be held at South Paris Court House, Friday, Jan. 31, at 10 A. M.

The following officers were elected at the Western Maine Poultry Association, which was held in Paris Grange Hall: President, H. E. Lovejoy, Norway; Vice President, George W. Jackson, South Paris; Town Vice President, J. B. Field, South Paris; C. H. Morse, Waterford; Dr. E. A. Wight, Bethel's Mills; A. Van Den Kerk, Bethel; Herbert M. Tucker, Yarmouthville; B. A. Carpenter, East Poland; Guy W. Collis, Mechanic Falls; Fred P. Bicker, Turner; Charles Y. Francis, Oxford; W. A. Stone, Orlin; Secretary, Ernest P. Crockett, South Paris; Treasurer, Donald H. Bean, South Paris; Director, H. E. Lovejoy, Norway; Ernest P. Crockett, South Paris; Charles P. Cummings, Bethel; Lee M. Smith, Norway; C. Guy Duck, Donald H. Bean, E. B. Clark, Frank A. Taylor, South Paris; Superintendent of Show Room, H. E. Lovejoy, Norway.

The Paris Lodge, F. and A. M., elected the following officers at their meeting last week:

W. M. Melvin C. Joy.
S. W. Walter Starbird.
J. W. Sherman T. Oliver.
Treasurer—William P. Morton.
Secretary—Harold Fletcher.
S. H. Ernest C. Martineau.
J. B. Irving is Harman.

Edna and Francis Arthur B. Parker, Stuart W. Walker, Charles H. George, Trustees of Charity Fund J. Harvey Stewart.

Alma Noyes was taken ill at her home, Saturday, with influenza.




THE BANK OF SAFETY AND SERVICE

THE FOUR C'S

It has been well said that:—"Co-operation, concentration, courage and conservation are the four C's that will win the war."

Consider the many ways in which the Paris Trust Company can make its service useful to you.

Your Checking Account is invited.
2 Per Cent Interest Paid on Check Accounts of \$500 and over.

PARIS TRUST COMPANY

SOUTH PARIS, MAINE

BRANCH BANK AT BUCKFIELD ME.

PAYS INTEREST ON SAVINGS ACCOUNTS

WE HAVE A LARGE STOCK OF All Kinds of RUBBERS

to wear over stockings and leggings, all Rubber and Leather tops in a large variety. Our prices are always right.

E. N. SWETT SHOE CO.

OPERA HOUSE BLOCK, TELEPHONE 38-2
NORWAY, MAINE

We pay postage on all mail orders.

INSURANCE

All Kinds of Insurance in the Best of Companies can be had at this office. Established in August, 1885, and being, therefore, one of the oldest agencies in Oxford County, this agency is prepared to give the same careful attention to your insurance needs as has marked its career for over FIFTY YEARS.

Consult us when next you have insurance to place.

STUART W. GOODWIN, Agent

SUCCESSOR TO FREELAND HOWE
146 MAIN STREET, Telephone NORWAY, MAINE

LOCKE'S MILLS

Mr. and Mrs. Oliver Foss of Norway visited Mrs. King Bartlett and family the week end.

The epidemic is decreasing. No new cases have been reported.

Harry Swift is attending legislature at Augusta.

Schools will open Monday.

The many friends of Mr. and Mrs. Harry Reid of West Bethel were sorry to learn of the death of their eldest son last week.

Walter Knights was in Norway last week on business.

The sick ones are all gaining now.

Sergt. George Leonard is home from a training camp in Virginia.

WEST PERU

J. E. Dow is hauling birch to the mill at Dickvale.

A Mr. Clements from overseas has been stopping at Hiram Washburn's and interesting the people with his stories of the world war in which he was badly wounded twice. He returns to Baltimore this week.

Harry Pinkham is so far recovered as to drive his team again.

Mahilio Tracy is at work in the bar.

The sick ones are all gaining now.

Buy It Now



When you are convinced that a certain investment will pay you certain, large dividends, and the opportunity is presented for you to make that investment Now—Why wait?

The Playerpiano will certainly prove a good investment for you and for your family; it will certainly pay you large dividends of pleasure, of satisfaction, of enjoyment and of good cheer all the rest of your life. Why wait?

The Playerpiano itself is so handsome, is such good value, the tone is so full and sweet, that taken all in all it is the opportunity of your lifetime to get all you want in music, just as you want it.

Come in and see the instrument. Test it any way you choose. Have your musical friends try it for tone, for touch, for shading, and then see how all the world of music unrolls before you as the Playerpiano as a player opens avenues of expression, of technique, that you have longed for but never hoped to enjoy. Don't wait—Come in Now.

Pianos Playerpianos Organs

New Music Rolls every month for the Playerpiano.

W. J. Wheeler & Co.

South Paris Maine

WILLIAM TELL FLOUR



"Mother says WILLIAM TELL FLOUR never misses. I guess that's why they named it WILLIAM TELL. Things always come out right, there isn't any waste, and it goes further. Mother says WILLIAM TELL FLOUR just saves itself."

DAISY BAKER

Made according to U. S. Food Regulations

For Sale By J. B. HAM CO., Bethel, Maine.

R

BEG

The annually, know what offered is clearing a

W

Right here in gains ever offered

WOOLTEX CO

small womens sizes and Broadcloth in interlined.

COATS \$9.45 in brown mixtures

COATS \$14.95 en coats to select from ly all sizes and colors others with cloth of Come early, don't let

WOOLTEX CO

Made of the best m Broadcloth, Silverton Many are lined with number of styles to s

CH

They are all in the regular price. We a

Great S

Satins, Taffetas were \$19.75 to \$28.75 the same when you a good assortment to ch Dresses of all satin, Crape. Some dresses the tunic models. So are hand embroidered

SILK

\$9.95 that were select from. Colors: have neat braiding, tucks. Some have sa and cuffs. The price

BU

Muffs and Neck Tag prices.

MUFFS \$3.30...
MUFFS \$5.30...
MUFFS \$8.30...
MUFFS \$16.50...
FUR NECK PIE
FUR NECK PIE
FUR NECK PIE

Norwa

RED TAG SALE!

**At Brown, Buck & Co.'s
BEGINS SAT., JAN. 25, at 8.30 A. M.**

The greatest and biggest sale of all the Fall and Winter. A sale that we hold annually, and one that is looked forward to by hundreds all over Oxford County. They know when we announce the Red Tag Sale it is a sale worth attending. Merchandise offered is not old shop worn but all this season's merchandise. It's a general house clearing after stock taking. Sale continues for several days.

Winter Coats

Right here in this department are the greatest bargains ever offered for up-to-minute merchandise.

WOOLTEX COATS \$14.95, were \$29.75. Misses' and small womens sizes, 16, 18, 20, made of all wool Velour and Broadcloth in nearly all colors. Lined to waist, also interlined.

COATS \$9.45 that were \$18 and \$19.75, in sizes, 16-18 in brown mixtures and plain navy blue, thick and warm.

COATS \$14.95 that were \$24.75 up to \$29.75. A dozen coats to select from in Ladies' and Misses' sizes. Nearly all sizes and colors. Some have fur collars, some plush, others with cloth of same. Many are lined throughout. Come early, don't let someone else get the coat you want.

WOOLTEX COATS \$19.75, were \$34.75 up to \$43.75. Made of the best materials obtainable, such as Chiffon Broadcloth, Silvertone Velour, Velour de Laine, Burella. Many are lined with best quality silk and satin. A large number of styles to select from.

CHILDREN'S COATS

They are all in the sale. Many are priced one-half the regular price. We advise early selection, not many left.

Great Sale of Dresses

Satins, Taffetas and Georgette Dresses for \$14.95 that were \$19.75 to \$28.75. Extraordinary Sale. You will say the same when you see them, about thirty in number. A good assortment to choose from, nearly all sizes and colors. Dresses of all satin, some in combination with Georgette Crepe. Some dresses of all Georgette Crepe, many all of the tunic models. Some are trimmed with beads and some are hand embroidered in colors.

SILK POPLIN DRESSES

\$9.95 that were \$13.45 and \$15.00. Several styles to select from. Colors: navy, taupe, plum and black. Some have neat braiding, others trimmed with buttons and tucks. Some have sashes, many have hemstitched collar and cuffs. The price is only \$9.95.

BUY FURS NOW

Muffs and Neck Pieces are to go into the sale at Red Tag prices.

MUFFS \$3.30.....that were \$ 4.95
MUFFS \$5.30.....that were \$ 7.95
MUFFS \$8.30.....that were \$12.45
MUFFS \$16.50.....that were \$24.75
FUR NECK PIECES \$ 4.95.....that were \$ 7.45
FUR NECK PIECES \$ 6.65.....that were \$ 9.95
FUR NECK PIECES \$ 9.95.....that were \$13.45
FUR NECK PIECES \$16.50.....that were \$24.75

Serge Dresses

\$14.95 for dresses made to sell for \$19.75 and \$22.45. A manufacturer's sample line. They are all new dresses, made of fine quality all wool French Serge, about thirty-five in number.

LADIES' SUITS

NOTICE THE PRICES, Rare Bargains

ONE VELVET SUIT \$19.75, regular price, \$48.75.
ONE CHIFFON BROADCLOTH SUIT \$19.75, regular price, \$47.00.
TWO SUITS, \$14.95 each, were \$27.45 and \$29.75.
ONE SUIT for \$12.45 that was \$24.75.

SHIRT WAISTS

Don't overlook these waist bargains, GEORGETTE and CREPE-DE-CHENE WAISTS \$3.95, that were \$4.95 and \$5.95. Many styles, but not all sizes. Some have square-necks, others with round neck neatly trimmed.

VOILE WAISTS for 95c that were \$2.45 and \$1.98. All sizes, half dozen styles to pick from, all are neatly trimmed.

SKIRTS IN THIS SALE

Skirts \$5.95 that were \$9.95. In the lot are striped and plaid silks, striped silk poplin, very attractive styles. SKIRTS \$3.95 that were \$5.95. Made of fancy plaids in assorted colors.

MUSLIN UNDERWEAR

GOWNS of Victory cloth, pink, fancy shirring, ribbon trimmed. Regular price \$1.98, Red Tag Price \$1.39.
GOWNS of pink batiste, has fancy hemstitching. Regular price \$1.25, Red Tag Price 95c.

ENVELOPES that are lace and embroidery trimmed, in several styles. Regular price \$1.95, Red Tag Price \$1.45. Regular price, \$1.50, Red Tag Price \$1.19.

CAMISOLES of wash silk and Crepe-de-Chine. Regular price \$1.50, Red Tag Price 95c.

WHITE SKIRTS neatly trimmed with hamburg. Regular price \$1.98, Red Tag Price \$1.49. Regular price \$1.50, Red Tag Price 95c.

Transportation between Norway and So. Paris on this date, Saturday, Jan. 25, by Mr. Walker's large team.

NORWAY		SO. PARIS	
A. M.	P. M.	A. M.	P. M.
8.20	1.30	8.40	2.00
7.30	4.00	8.00	4.30
9.00	5.00	10.00	5.30
11.30	8.00	12.00	8.00
	7.30		8.45
	9.30		

An Interesting Column

FOR THE THRIFT SHOPPER

In taking stock, we find that we are overstocked on many things. To reduce this, we have attached the Red Tag Price to them.

NAVY BLUE ALL WOOL SERGES, regular price \$1.50, Red Tag Price 95c.

OUTING FLANNELS, plain grey and fancy stripes. Regular price 35c, Red Tag Price 25c.

BLEACHED COTTON CLOTH, 36 in. wide, a good quality. Regular price 32c, Red Tag Price 24c.

UNBLEACHED COTTON CLOTH, same grade as Lockwood, an excellent quality for sheets, 36 in. wide, 21c yd.; 40 inch width 24c yd.

UNBLEACHED COTTON, medium weight, 36 inches wide, 16c yd.

BATH TOWELS, extra large, good weight. Regular price 50c, Red Tag Price 42c.

LONG CLOTH, nice quality for underwear. Regular price 35c, Red Tag Price 25c.

KIMONO APRONS, several styles, cut large and full. Regular price \$1.95 and \$1.75, Red Tag Price \$1.49.

PERCALES, assorted patterns. Regular price 30c to 39c, Red Tag Price 24c.

CHALLIE REMNANTS, good for quilts and patchwork. Regular price 15c, Red Tag Price 10c.

BLANKETS slightly damaged. Red Tag Price \$1.50 pair.

BLANKETS, one lot grey, large size, regular price \$3.95, Red Tag Price \$2.95.

BED SPREADS, several lots at Red Tag Price. One lot Spreads were \$1.50, Red Tag Price \$1.15. One lot Spreads were \$3.95, Red Tag Price \$2.95.

DRESS VOILES AND FOULARDS, assorted patterns, figures and stripes, 36 in. wide. Were 42c to 50c yd., Red Tag Price 24c.

DRESS GOODS, wool mixture, only one piece. Was 75c yd., Red Tag Price 39c.

CHILDREN'S BONNETS, many styles. Regular price 50c, Red Tag Price 29c.

LEATHER HAND BAGS, regular \$1.00 and \$1.50 bags, Red Tag Price 59c. Regular \$1.98 and \$2.50 bags, Red Tag Price 95c.

CURTAIN SCRIMS in white and ecru, neat border. Regular price 33c, Red Tag Price 25c.

LINEN NAPKINS, large quantity at Red Tag Prices, \$2.95, \$3.95, \$4.95.

UNION LINEN AND MERCERIZED NAPKINS, \$1.45, \$1.95, \$2.45, \$2.95.

Ready made Curtains, odd lot put in at Red Tag Prices, some at half price.

Norway

BROWN, BUCK & CO.

Maine

RUMFORD

At the annual town meeting in March, 1918, a resolution was introduced, and favorably passed, calling for the appointment, by the moderator, of a committee of fifteen representative business men, to consult with the selectmen, relative to articles in the annual town warrant, calling for appropriation of money. This movement is after the so-called Brunswick plan, which has been in vogue in that town for several years past, and with success, that it is a permanent feature in financial affairs. When it is understood that Rumford is the wealthiest town in Oxford County, with annual appropriations amounting in the aggregate to \$130,000, or more, taxes, of necessity, going higher every year, it was deemed to be for the best interest of all concerned, that a close scrutiny be given various articles in the town warrant, previous to the town meeting, that articles of merit shall have proper consideration, with the elimination of the non-essentials. The first meeting of this committee with the selectmen was held on Tuesday of this week. The members of the committee are Olen S. Osgood, chairman, Wilder V. Kimball, Charles A. Mixer, Dr. C. M. Blaine, Arthur Gauthier, Waldo Pettengill, Theodore Hawley, A. E. Stearns, P. E. McCarthy, Ralph T. Parker, Dana C. York, Jerry H. Martin, S. J. Gonyea, Walter G. Morse, Richmond L. Melcher.

Major J. A. Hadley, Captain Wesley Woods and Lieutenant E. A. Carrier are with the army of occupation in Germany, the 74th division. From recent reports, the 20th division is expected at Camp Devens in February.

Mr. S. J. Gonyea of the Oxford Insurance Agency is enjoying a trip through the South.

Mr. and Mrs. Waldo Pettengill of Franklin street expect to leave about the first of February for a Southern trip, and are contemplating a trip to Cuba.

The merchants bowling team at the Institute has done great work so far this season. It leads the league by a good margin, due, it is said, to the good work of George Savoy. Mr. Savoy has earned the name of being champion bowler of Rumford.

A son was recently born to the wife of Rev. P. F. Foshy who was for several years pastor of the Rumford Baptist church. Mrs. Foshy has been at her home in the Province, and Mr. Foshy is engaged in settlement work in Chicago.

Mrs. Martin L. Griffin of Baldwin, Terrence has been confined to her home by illness for the past two weeks. She has come very near to pneumonia, but is now able to sit up.

Leonard Briggs left Tuesday for Boston, where he will enter a government school.

On Wednesday morning of last week, at St. Athanasius church at nine o'clock in the morning, occurred the marriage of Miss Victoria Orino, daughter of Mr. and Mrs. John Orino of this town, and Mr. Marchi also of Rumford. Rev. Amos J. Barry officiating. Nuptial mass followed during which Mrs. James McFee, a cousin of the bride sang several songs. The bride's sister, Miss Ida Orino, who was groomed in brown, acted as honor maid, while the bridegroom's brother from Bangor, was best man. Following the ceremony a wedding breakfast was served at the home of the bride's parents on Spruce street.

Mr. and Mrs. Marchi left on the afternoon train for a wedding trip of two weeks, after which they will reside in Rumford. Mrs. Marchi has been a clerk in the fruit and confectionery store of Mr. and Mrs. Thomas McFarlane, Adeline father for several years past, while Mr. Marchi is an employee of the local Telephone Company.

Rev. Harry Ryder, who several years ago was the pastor of the Rumford Methodist church, died at his home in Long Beach, California, from influenza last week. He leaves a wife and two children.

Mrs. Ralph Hines of Livermore is visiting at the home of her son, Mr. Arthur Hines, of Strathglass Park. The Ladies' Aid of the Universalist church met at the Red Cross rooms this week on Tuesday afternoon.

Mrs. Elmer Draper is suffering from an attack of appendicitis.

Mrs. John Norman of New Brunswick, New the loss of her husband, has come to Rumford to be with her children. Mr. John and Miss Jeanie Norman. She is staying at the home of her son on Main street.

The death of Mrs. Foster Beauchamp occurred last week at her home on Main street.

BETHEL EVIDENCE FOR BETHEL PEOPLE

The Statements of Bethel Residents Are Surely More Reliable Than Those of Utter Strangers

Home testimony is real proof. Public statements of Bethel people carry real weight.

What a friend or neighbors says compels respect. The word of one whose home is far away invites your doubts.

Here's a Bethel man's statement. And it's for Bethel people's benefit. Such evidence is convincing.

That's the kind of proof that backs Doan's Kidney Pills.

A. L. Holt, carpenter, Elm St., says: "I am always ready to recommend Doan's Kidney Pills on account of the benefit they brought me. I keep Doan's Kidney Pills in the house and use them as I feel in need of them. I got Doan's at Bossmann's Drug Store and they quickly relieve any disorder of my kidneys and my confidence in them is very strong."

Price 60c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mr. Holt had. Foster-Milburn Co., Mfgs., Buffalo, N. Y.

cock street. She had been in failing health for some time past, and her death was due to a nervous shock. The funeral services were held from the Catholic church in Rumford, and the body was taken to Lewiston for burial.

On Tuesday of this week James B. Stevenson assumed the office of Judge of the Rumford Falls Municipal Court, succeeding Matthew McCarthy who has occupied the office of Municipal Judge for the past eight years. During Judge McCarthy's term of office, Mr. Stevenson has always presided during the Judge's absence, and it would seem that he would well understand and he well fitted for the position he is to occupy.

A plan is to be put into operation whereby Rumford will enjoy an industrial boom. The Rumford Falls Power Company has taken the lead in a plan to make Rumford bigger, busier and better. Mr. Dodge, private secretary for Mr. Hugh J. Chisholm, has been in town and has met some of the members of the Rumford Chamber of Commerce and has outlined the plans that Mr. Chisholm has in view. He named many industries which are well suited to, and could be well accommodated in Rumford, especially if the question of housing employees could be properly met with. The Rumford Falls Power Company are willing to furnish the greater part of the money needed to properly advertise and Mr. Dodge stated that about \$2,500 would be needed to put the thing through. Of this the Power Company are willing to contribute two-thirds, if the Chamber of Commerce will give the other third. The proposition has met with quite a bit of approval, and it is to be hoped that the thing can be carried through successfully.

The annual meeting of the Rumford Chamber of Commerce was held in the Supreme Court room on Monday evening of this week, followed by a banquet at Hotel Rumford. DeForest H. Perkins, president of the Portland Chamber of Commerce, was the speaker of the evening, taking for his subject, "What Civic Co-operation Can Accomplish."

Among those on the sick list, who have been suffering from bad colds, influenza and pneumonia are: Fred Milledge, Miss Millie McFarlane, daughter of Mr. and Mrs. Thomas McFarlane, Adeline Jenkins, Mr. and Mrs. Robert Austin and children, Mrs. Joseph McFarlane, Walter Berry and Joseph Shields, also the family of Mr. John McGregor.

At the annual meeting of the Rumford Outing Club, Mr. Harold Poor was elected as President; Miss Ruth Peabody, Vice President; Miss Mildred Smith, Secretary and Treasurer, and Mr. Mathias Nilson as Collector. This most enjoyable and progressive club have purchased an old farm and farm house on the Swale road, formerly known as the Cayer place, which they are gradually fixing up and improving, to be used by them as a club house, where they may enjoy themselves, entertain their friends, and get the fun of camp life to its fullest extent. The club's program for the winter outings, include at least three outings trips per month, with more, if possible. The membership of the club has been limited to twenty, and many of the most

WEST PARIS

The remains of Mrs. Corn S. Millett of Greenwood were brought here from South Paris, Wednesday, and the funeral service held at the Universalist church at one p. m. Rev. J. H. Little of the Bethel Universalist church officiated, assisted by Rev. H. A. Markley, pastor of the church. Mrs. Millett was the daughter of Andrew and Hannah (Jenkins) Richardson of Greenwood and was 63 years of age. She married Sewall A. Millett and they went to live on the Richardson farm where they have always made their home. Besides her husband Mrs. Millett is survived by five sons: Percy and Harold of South Paris, Alger of Auburn, Roy and Monte of Greenwood. Mrs. Millett was at the home of her son, Harold, at the time of her death. She was very much of an invalid. She taught in the public schools before her marriage to Mr. Millett. She was a devoted mother and very energetic and painstaking in the care of her home. The interment will be in West Paris cemetery.

The Scott officials and Troop Committee are making arrangements to observe Scout anniversary week.

Mrs. James P. Curtis and daughter, Ella, and Ellsworth D. Curtis were in Lewiston, Monday. Mrs. Curtis had a small chicken bone removed from her throat by Dr. Webber, which she got in her throat the Wednesday previous and had suffered much from it during the intervening days.

C. H. Lane, Jr. and Ralph A. Bacon have been drawn as traverse jurors for the February term of court.

The Boy Scouts have collected papers and magazines for some time and last week they were shipped. They received \$55 net proceeds for the Red Cross.

Mrs. Dora Jackson entertained the Jolly Twelve Whist Club, Friday evening.

Eva Tucker is at home from the Andrews House to recuperate from the flu. Ruth Tucker, who went to care for her and later was taken ill, is also recovering.

Ola Kimball, the little daughter of Mr. and Mrs. M. S. Bubler, sold the largest amount of War Savings Stamps and Thrift Stamps during the school drive a few weeks ago.

Mrs. Harry Jacobs went to Lewiston, Wednesday with her brother, Ronald Ross of North Paris, who was operated upon for mastoid abscess. The boy had been ill from pneumonia and his condition was serious.

H. R. Tuell has a pair of perfectly matched grade Hereford steer calves about three weeks old of which he is very pleased. Mr. Tuell owns their mothers, and there is only three days difference in the ages of the calves. Last January these same two cows gave birth to steer calves, which Mr. Tuell sold for a good sum and later in the winter was again sold for one hundred dollars, and took last prize for best matched calves at the Oxford County fair last fall.

Mark Richardson of South Paris is working in the mill of Lewis M. Mann & Son.

School opened again last week and there seemed to be a falling off of influenza cases, and it is sincerely hoped that the disease is abating here.

Roy P. Perham has been discharged from the service and is now with his parents, Mr. and Mrs. Alfred E. Perham.

Mrs. P. C. Mayhew was called to Haverhill, N. H., Saturday, by the serious illness of her mother, Mrs. Rose Whitney.

Healthy and jolly good times were experienced in Rumford, have been those enjoyed by the Rumford Outing Club.

A strike of the machinists of the Continental Paper Bag mill which occurred last Thursday, Jan. 16, is still on, so far as the public knows, there are no signs of immediate settlement, although, as a matter of fact, for the Continental Paper Bag Company to keep up their manufacturing, settlement must either soon be made or new machinists put into the mill, as from the very nature of the delicate construction of the bag machines, constant repair work must be made to keep them going. The immediate cause of the trouble seems to be the placing of so-called efficiency engineers in the mill by the New York office. These men have no personal interest in the success of the property, their sole aim being to make a record for themselves, and after observing the working of the various units of the machine shop, they began making changes in the personnel, reducing some in rank, discharging others, without consultation with the managing head of the plant, thus causing serious friction among the employees, the matter finally coming to a head on the date named. Further walkouts were threatened by the machine operators in the bag department, but the latest information is that this is held in abeyance, pending negotiations with the machinists union.

Mr. and Mrs. Elwood Stephens of Prospect avenue are receiving congratulations upon the birth of a son.

ANDOVER

D. D. G. C. George Learned installed the officers of Oxford Bear Lodge, K. of P., at Andover, Saturday evening.

Herbert A. Thomas, 1st Lieutenant of the 29th Engineers, Co. G, who has just returned from overseas and has been honorably discharged, has been visiting his parents, F. P. Thomas and wife, a few days, before returning to his home in Montana.

Mrs. Ray Thurston and two children have been visiting Mr. Thurston at Aziscoos the past week.

F. P. Thomas and Y. A. Thurston attended the meeting of the Ellis River Improvement Co. at Rumford, Tuesday.

The Ladies' Aid met with Mrs. Fred Milton, Wednesday P. M.

At the young peoples whist Thursday evening of last week, Mrs. Nina Clark and Lawrence Roberts won the first prizes and Matthias Mooney and Mrs. Mattie Warren the second. Dainty refreshments were served.

Mr. and Mrs. William Learned were Sunday guests of their son, Guy Learned, and family.

L. R. Hall is cutting birch for Sidney Abbott.

George Dunn is ill with the mumps at his home at Andover Surplus.

The high school basketball team played at Mexico, Friday evening and were badly beaten, the score being 93 to 14.

M. L. Thurston of Bethel was in town the first of the week.

Dr. Matthews, who is boarding at the Milton House, has been quite ill with a severe cold.

Mrs. Bedell, Mrs. Y. A. Thurston and Mrs. Edward Akers enjoyed a pleasant afternoon socially, Wednesday of last week with Mrs. Charles Bartlett and mother. Refreshments of assorted cookies, cake and tea were served.

Mrs. Milton Crossman has been suffering with a severe eye strain.

Mrs. Minnie Akers and daughter, Margaret, were guests Sunday of Mrs. Akers' brother, Edward Abbott, and wife.

Florence Akers, who teaches in Rumford, spent Saturday and Sunday at her home.

Rev. J. N. Atwood preached an interesting sermon at the Congregational church, Sunday morning. The Y. P. S. C. E. was held at the parsonage Sunday evening.

Y. A. Thurston and wife were guests of their daughter, Mrs. Irving Hanson, and family, Tuesday.

Frank Norton is hauling birch to the spool mill.

Ralph Akers, who is working at Black Brook, was at his home, Sunday.

SHEEP INDUSTRY IN MAINE

C. H. Crawford of Dexter, sheep specialist connected with the Maine Department of Agriculture, says in his annual report just submitted to the Governor and Council, that sheep husbandry should receive more attention from the farmers of Maine than it does at present, as undoubtedly sheep raising can be fitted profitably into the general management of hundreds of farms where there is none at present. On many other farms the size of the flocks could be increased and more attention given to sheep, with profit. In most every case where flock owners have used good judgment and care in the selection of breeding ewes and rams and have given them good feed and care, fine flocks are to be found, which return good profits to their owners.

"There are many farms in the State which are located a long distance from potato markets, corn canning factories, etc., which are abandoned, or partially so, because they are unprofitable. Here is where the great advantage sheep husbandry comes in. Sheep naturally enjoy the quiet life and the good feeds that can be produced as well on farms located miles from markets as those nearby. Another great advantage in keeping sheep on such farms is that instead of being obliged to go long distances to market their products, the market comes to you, as when the season's clip of wool is off the buyers start out buying and in many instances take the wool away with them. Then again, when the lambs are ready for market, the buyer comes to your door, buys the lambs and drives them away. The producer is saved the time and expense of many trips to market.

"The products of both wool and mutton can be increased substantially by giving instruction to the proper care and feeding during the different seasons of the year.

"It is a well-known fact that both the quality and the quantity of the fleeces and lamb depend largely upon the feed and management of the ewes during the year.

"Every influence should be brought to bear on both the present and prospective flock owners to use more care in the selection of breeding stock as this is the natural way to increase both the productiveness and the profit. A good flock of well bred and well kept sheep is sure to return to the owner good profits, while a poor flock, poorly bred and kept, is sure to bring a loss to the owner.

"Diseases most common to sheep in New England have spread to an alarming extent throughout the State. Disease is one of the greatest menaces to a normal production of both wool and mutton. It is impossible for an ewe when infested with any of the parasitic diseases, namely, stomach worms, tape worms, nodular diseases, etc., to produce a normal fleece of wool or lamb. The wool is usually short and dry, of poor quality and light in weight. The lamb is usually small and weak when dropped and the ewe, in her weak, run-down condition, fails to provide a sufficient amount of milk to keep the lamb in a thrifty growing condition. Every possible assistance should be given the flock owners to rid their flocks of these diseases and prevent their reinfection.

"These diseases are also largely responsible for the small percentage of lambs dropped, as when the ewe and ram are diseased, (in many cases both are affected) there are sure to be many barren sheep, especially in large flocks.

"Many farmers have disposed of their flocks and many others have refrained from entering the business because of some of the difficulties that are peculiar to the industry. Among the most common of these are parasitic diseases and our dogs. Every influence should be brought to bear on city and town officials to induce them to control the roaming dogs as far as possible. If the present dog laws are inadequate, they should be amended in such a way as to give the owners of sheep the best possible protection. Parasitic diseases are most discouraging factors with flock owners and all assistance possible must be given to eradicate these diseases.

"Owing to the gradual increase in the price of both wool and mutton during the past three or four years, together with a shortage in farm labor, it was anticipated that there would be an unusual demand for breeding ewes and lambs and it was decided to do everything possible to save all good breeding ewes and lambs from the butcher. A circular letter was mailed to the assessors of every town and plantation, explaining the importance of the work and requesting their assistance by mailing to this department the names and address of every sheep owner in their place. Approximately 100 replies were received.

"These were followed by another letter to the flock owners, containing the same explanation. Enclosed with these were questionnaires requesting information as to how many good breeding ewes and ewe lambs they would have for sale, also how many mature rams and ram lambs, whether pure bred or grade, giving breed, etc. Approximately 2,500 of these were mailed to flock owners and the returns have been gratifying."

FARM FOR SALE

250 acre farm 1 1/2 miles from South Paris Village on Main road; good buildings; smooth fields; good orchard; pasture for 40 head of cattle; 2,000 cords of wood, hard and soft, that can be marketed this winter. A great bargain. For sale by

L. A. BROOKS
Real Est. Agent, SOUTH PARIS, ME.

BUSINESS CARDS

FURNISHED ROOMS
AUTO AND TEAM CONVEYANCE
C. C. BRYANT,
2 Mechanic Street, Bethel, Maine.
Telephone Connection.

H. E. LITTLEFIELD,
AUTO AND HORSE LIVERY,
Bethel, Maine.
Day or Night Service.
Telephone

GUY E. JACK
LICENSED EMBALMER
AND FUNERAL DIRECTOR
Dealer in
Furniture, Linoleums, etc., Picture
Frames, Mirrors, Glass, Mouldings,
Curtains, Fixtures.
Special attention given to undertaking.
Telephone—Store, 49-51; Res., 49-2

DR. IRWIN K. MOORHOUSE,
Osteopathic Physician,
NORWAY, MAINE.
At Maple Inn, Bethel, Every Friday.

HERRICK & PARK,
Attorneys-at-Law,
Bethel, Maine.

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BETHEL, MAINE.
Marble & Granite * * * * * Workers.
Chaste Designs.
First-Class Workmanship.
Letters of inquiry promptly answered.
Get our prices.
E. E. WHITNEY & CO.
Satisfaction Guaranteed.

MAINE
CENTRAL
RAILROAD

QUARRIES, FACTORY-LOCATIONS, MILL SITES, FARMS, SITES FOR SUMMER HOTELS AND CAMPS.

Located on the line of the MAINE CENTRAL RAILROAD give opportunity to those desiring to make a change in location for a new start in life.

UNDEVELOPED WATER POWERS, UNLIMITED RAW MATERIAL AND GOOD FARMING LAND Await development.

Communications regarding locations are invited and will receive attention when addressed to any agent of the MAINE CENTRAL, or to

INDUSTRIAL BUREAU,
MAINE CENTRAL RAILROAD,
PORTLAND, MAINE.

EAST SUMMER

The sick ones are all improving. W. L. Bryant was in Rumford on business one day last week.

Mr. and Mrs. P. A. Tucker were guests of her parents in Turner village, Sunday.

Rev. Mr. Dresser supplied at the Baptist church, Jan. 19th.

A large number attended the auction at George Goss', Thursday. The two ladies circled united in serving dinner for the crowd at the Congregational vestry.

Mrs. L. A. Keene and Mrs. G. H. Braden were guests of Wilson Gossant's in Bucksfield, last Saturday.

Mr. and Mrs. A. H. Beasey of Bucksfield spent the week end with their daughter, Mrs. C. Augustus Denney. Harold Gannon is teaching the village school.

Rev. Howard Collins will move into the house vacated by Geo. Goss, and Thomas Gossner has purchased what was formerly the parsonage and will move in at once.

Mrs. Hannah Robinson is very feeble. Mr. and Mrs. A. D. Park were in town, Thursday, as Mr. Park was auctioneer.

Mr. and Mrs. F. W. Palmer are on a vacation. While they are away they will visit in New Haven, Conn., and Readville, Mass. Shirley Irish is taking Mr. Palmer's place at the R. R. station.

Buy Swasey Bean Pots
Of your dealer, Hardware Store or Crockett Street. In Rumford, get a Swasey Bean Pot, and you will have the best. No other is like it. Swasey Bean Pot. Name on every one.
E. SWASEY & CO., Portland, Me.

Pure Blood

An impure condition of the blood cannot be overcome unless the bowels are made to move freely, once a day, at least. To build up the system, as permanent benefit will result, it is necessary to improve the digestion. We strongly recommend the true "L. P." Atwood Medicine, for its ingredients act upon the stomach, liver and bowels. It tones these organs to new activity so that they perform their functions naturally, and throw off all impure and useless matter. Take a teaspoonful morning and night—your skin will clear, appetite return, strength and spirits revive—you'll be glad you bought this genuine "L. P." recently, price 50 cents, made by the L. P. Medicine Co., Portland, Maine.

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Before you buy your Spring Suit consult us as we will make you an interesting offer on a Taylor Made to Measure suit.

ROWE'S

POEMS WORTH READING

LOVE'S TOUCHES

Love touches with its gentle rose
The burning cheek that youth possesses.
Where age amid the shadows goes
It is the hand of love that blesses.
In battle's raging flame and fire
The passion of her noble graces
Lights with last fragments of desire
Those poor, upturned-to-heaven faces.

Ah, lady of the morn that lives
A spirit in our spiritual guises—
Love is the gentle elf that gives
Our suffering hearts their sweet surprises.
She sits at every citadel
She mounts the flaming tower, re-
members
The gay youth dancing in the dell,
The gray heart that is marked "De-
cember's."

THROUGH COMBAT INTO PEACE

Ah, through what blood the ages yet
Must wade to win that final peace
When men the cannon's voice forget
And trumpet of the conflict cease!
We stand upon the peak of years
That have been free from war and
sweeps

But matters not the ache and tears, we
must through combat win to life!
Nay, not today the final gift
Of peace, nor yet the hallowed light;
There is a sword the land must lift,
There is a wrong that we must right!
There is a patient heart that aches
Across the combat's crested wave—
"Go forth! the world must lose its
kings, but freedom by our might
we'll save!"

RINGING ON THE WAY

Makes the labor sweeter when you sing
along the way,
Makes the weary faster when you
whistle through the day,
Makes the morning brighter when you
brighten it with song,
Makes the trouble lighter when you
sing the world along.

Mothers of old mornings in the life of
used to be
Made their tasks immortal with the
music of their gloze;
Singing at their sewing, at their sweep-
ing, as they went
To sing the way with beauty in a
spirit of content.

Makes the journey shorter when you
sing to every mile;
Makes the burden lighter when you
add a sunny smile;
Makes all life so different when you
dash the telling day
With a love that lives forever, as you
sing along the way.

ON TO YOUR FRET

Get on your feet and face life like a
man,
Look square ahead, although the light
may blind,
Give all your heart with all the strength
you can
To make life true, give all your soul
and mind,
For only then can you or I win on
To freshening ourselves, sweet with sing-
ing down.

Get on your feet. You must be up and
out;
Give yourself room; there's lots of
room around,
Yearn not to smile, to leap, to run and
about,
To feel yourself a brother of the
ground.

Companioned with its verdure and its
bloom
Against the circling night of doubt and
doom.

THE MUTUAL STRUGGLE

Life is a mutual struggle, to know and
to sympathize,
To feel and respond to each other, and
understand;
To be able to look with trusting into
each other's eyes,
And say it is well with each other,
with clasp of hand.
It cannot be fought out only the one
way for us both,
It must be fought out gladly as each
would have to be—
A mutual giving and taking—cleansed
of hatred and sloth—
My idea meeting in you and your
idea in me.

It is useless and silly to think it a
battle that must go on,
A strife of conflicting natures, each
one having its way.
Life is a thing of reason, with the joy
of the light of dawn,
And a parliament of devotion where
each must have his say.
It cannot be haunted by selfish and
anger-haunted plans,
It must be met and mastered as it
was meant to be.
With justice that is the woman's as
much as it is the man's,
And a common acquiescence in the
cause of the common good.

BETSY'S BATTLE FLAG

The above little is based on the tra-
dition that in June of 1776, Washing-
ton requested Mrs. Betsy Ross of Phila-
delphia to make a flag, the first "Stars
and Stripes," after a design which
Washington himself furnished.

From dusk till dawn the living night
She kept the tallow dips alight,
And fast her nimble fingers drew
To sew the stars upon the blue.
With weary eyes and aching head
She watched the stripes of white and
red,
And when the day came up the stair
Complete across a carved chair
Hung Betsy's battle flag.

Like shadows, in the evening gray
The Continentals fled away,
With broken boots and ragged coats,
Not hoarse defiance in their throats,
They bore the marks of want and cold,
And some with wounds unattended bled,
But floating bravely overhead
Was Betsy's battle flag.

When fell the battle's leaden rain,
The soldier knelt his hands of pain
And raised his dying head to see
King George's trophies turn and flee,
Their charging columns rolled and broke,
And vanished in the rolling smoke,
Before the glory of the stars,
The snowy stripes and scarlet bars
Of Betsy's battle flag.

The simple stone of Betsy Ross
Is covered now with mold and moss,
But still her deathless banner flies,
And keeps the color of the skies.
A nation thrills, a nation bleeds,
A nation follows where it leads,
And every man is proud to yield
His life upon a crimson field
For Betsy's battle flag!

What does your anxiety do? It does
not empty tomorrow of its grief, but it
empties today of its strength. It does
not make you escape the evil; it makes
you want to cope with it if it comes—
Ian MacLaren.

CANTON

Mrs. Mary A. Robinson of Auburn
passed away at the Home for Aged
Women, Tuesday morning, her death
being due to heart trouble. Mrs. Rob-
inson's life was spent in Hartford and
Canton until a few years ago when she
went to Auburn. She was born in Eng-
land on Feb. 20, 1834, the daughter of
William Carey and Mary Ann (Dunn)
Carey. In 1841 she came to this coun-
try with her parents, who settled in
Marblehead, Mass. July 18, 1857, she
married John Oliver Robinson, who
passed away Oct. 12, 1908. They had
one son, who passed away when ten
years of age. She is survived by an
adopted daughter, Mrs. W. L. York of
Canton, a sister, Mrs. Elizabeth Had-
ley of Marblehead, Mass., three nieces,
Miss May L. Hadley and Mrs. Geo. B.
Graves of Marblehead, and Mrs. Wil-
liam L. Birch of Lynn, Mass., also sev-
eral nephews. The remains were
brought to Hartford and buried in the
family lot, Friday. A woman of beau-
tiful character, beloved by all who knew
her, will be mourned by a large circle
of friends.

A marriage of interest to Canton peo-
ple is that of William Stubbs and Mrs.
Lydia Gardin, both of Eastis. Mr.
Stubbs was a native of Canton, where
he lived for years.

Mr. Frank Richardson, who has been
spending a few days in town, left for
Boston, Monday.

Frederick Hutchins is ill.

Kenneth Small is ill with influenza.
The young child of Mr. and Mrs.
Dwight Blais has been very ill, but is
now better.

The Ladies Aid worked at the Red
Cross rooms, Wednesday at an all day
meeting.

Rev. F. M. Lamb of Brunswick oc-
cupied the pulpit at the United Baptist
church, Sunday.

The next meeting of the Universalist
Circle will be with Mrs. Cora B. Fuller,
when the annual roll call will be held.
Mrs. E. E. Westgate entertained the
Circle, Thursday.

Arthur Westgate has been in Port-
land for a few days.

Mrs. Hart Turner of Livermore was
operated on for appendicitis, Friday,
and is on the gain.

Miss Doris Holland is improving
since her serious operation.

Mrs. C. H. Towle and son of Dixfield
have been guests of her parents, Mr.
and Mrs. W. A. Lucas.

Mrs. James DeWaver has been visit-
ing her former home in Gardiner.

Mrs. E. L. Blais has been called to
Auburn by the illness of her husband,
Irene Blais, who is caring for her brother,
Dwight Blais, and Carrie Cushman is
caring for Irene Blais at the home of
Anna Carter.

Mrs. Hella Hines is recovering from
pneumonia.

Mrs. Stella H. Foster and daughter,
Mrs. Winifred P. Roberts, are ill with
influenza.

Alden E. Johnston has been appointed
deputy of Dist. No. 13, I. O. O. F.,
which includes the lodges in Canton,
Rumford, Dixfield and Livermore.

Mrs. Annie T. Rose is visiting her
daughter, Mrs. Lillie Andrews, and fam-
ily of Cambridge, Mass.

Swamy Wallin is attending Boston
University.

Mrs. Mary Reed has returned home
from the Summit, her son's family hav-
ing recovered from their sickness.

A. P. Russell, Jr., was at Buckfield,
Monday evening, in his official capac-
ity as District Deputy of the Masons.

Wm. A. Reynolds has sold his place
lumber to the E. P. Co. of Livermore
falls. A crew of men are cutting it
under the supervision of Albert Berry
of Livermore falls.

Mr. and Mrs. Lyman Ellis are re-
ceiving congratulations on the birth of a
daughter, Thursday.

H. L. Adams was able to be out for
the first time, Sunday.

At the meeting of Androscoggin Val-
ley Agricultural Society held Tuesday,
the following officers were elected: Pres-
ident, W. W. Rose; Vice President,
T. B. W. Hutton; Secretary, P. B.
Woodward; Treasurer, A. P. Russell;
Trustees, Kara Keen, Hartford; C. A.
Bosney, Sumner; John Russell, Peru;
Ralph Campbell, Canton; Nathan Isra-
elsen, Rumford. It was voted to hold
the fair this year on Sept. 1, 2 and 3,
also to have a horse trial, ball games,
etc., on the 4th of July.

Mr. and Mrs. Arthur A. Gilman at-
tended the funeral of his mother, Mrs.
Jane B. Gilman of Auburn, Friday. Mrs.
Gilman was the widow of the late Wil-
liam A. Gilman. They were former resi-
dents of Canton. She is survived by
a son, A. A. Gilman of Canton; Mrs.
Cass M. Griffith, Mrs. Alice Killings,
Mrs. Lena M. Adams; one brother, Le-
o M. Newton of Buckfield, and sev-
eral grandchildren and great grandchil-
dren.

Mrs. A. C. Corlies of Hartford is
visiting her parents, Mr. and Mrs.
Cordland, of Whitman, Mass.

Miss M. L. Hadley of Marblehead,
Mass., has been a guest of friends in
town and at Buckfield.

A. M. Sampson remains in a very se-
rious condition.

Raymond Wilkins has gone into the
woods to seek for the crew of men who
are chopping wood on the pine timber

A Case of Profit
IF YOU
Feed em
PORTLAND
Meat Scrap
Portland Cracked Bone
Portland Bone Meal
Portland Bone and Meat Meal
Feed em liberally
"The Eggs Pay For It"
Increase your share of profits, for fresh eggs
are worth REAL money these days.
Demand Portland Brand
of Your Dealer
Portland Rendering Co., Portland, Maine.

STATE CHAMPIONS BOYS' AND GIRLS' CLUBS

Each year members of the boys' and
girls' clubs, conducted by the Agricul-
tural Extension Service of the Univer-
sity of Maine, set up new records in
profit and production in the agricul-
tural and home economics projects.

The club members keep accounts,
records, write a story and make an ex-
hibit. The accounts and records kept,
clearly demonstrate that farm accounts
are valuable to show where the biggest
profits can be made. The exhibits help
the boys and girls to know good pro-
ducts and good seed. In the story they
review the work of the whole season
and bring together the things which
have helped or hindered them in the
work.

In picking state champions not only
are profit and production taken into
consideration but accounts, records,
stories and exhibits count as part of
the total score.

The state champions and the second
and third place winners for 1910 are as
follows:

Canning—Marion Griffin, Levant.
Marjorie French, Steuben.
Frances Irish, Turner.
Cooking and Housekeeping—
Ethel Hart, Warren.
Helen Lyman, Orono.
Frances Davis, Bridgton.
Flint Corn—Jerome Quimby, Brooks.
Ralph Lombard, Casco.
Sherman Lord, Lebanon.
Sweet Corn—Wm. L. Russell, Gray.
Clarence Titcomb,
Farmington.
Ellsworth M. Carville,
No. Leeds.
Garden Small—Wanda Blake, Gardiner.
Margaret Hadley,
Thomaston.
Margaret Gibson,
Catahdin.

Garden Large—Howard Salisbury, Nicolin.
Lois Hallowell, Thomaston.
Edna M. Hayes, Gardiner.
Potato—Bernard Eastman, Knox.
D. Hoid McPherson,
Presque Isle.
Harvard Sylvester, Etna.
Pig—John C. Speed, Sebaste Station.
Chas. H. Frederic, Farmington.
Doris Brown, Headfield.
Poultry—Catherine Hayes, Gardiner.
Richard McLaughlin,
Whiting.
Lella Quimby, Cambridge.

GUILD

Mr. William Dyer of Watertown,
Mass., was in town the first of the week.
Lionel Jewett and family of Wilton
have moved into the new recently vac-
ated by Edward Cruteau and family.

O. B. Brown and family of Berlin, N. H.,
spent the week end at their summer
residence in town.

Mrs. Albert Elliott was a recent guest
of her father, Joseph Rowe.

A. M. Bryant went to Mechanic Falls
last Monday.

Dorothy Dean of Berlin, N. H., was a
recent visitor in town.

H. E. Wheeler was in Gorham, N. H.,
last Friday.

Mrs. Florence Bryant is confined to
her home by illness. Dr. H. H. Bryant
of Gorham, N. H., is the attending
physician.

Pearl Coffin has gone to Coaticook to
attend a school.

If Mother's Only Know.
Mother Gray's Sweet Powders for
Children relieve Feverishness, Head-
ache, Bad Stomach, Teething Disorders,
cure and regulate the bowels and de-
stroy worms. They break up colds in 24
hours. Used by mothers for 35 years.
All Druggists. Sample FREE. Address,
Mother Gray Co., LeRoy, N. Y. Ad-
19-11.

Omeas are a germicide and also pre-
vent malaria fever.

lot of Wm. A. Reynolds.

The story about the still found in
the edge of Livermore which was in
the funeral was nearly right, except it
was the old Andrew Campbell place in-
stead of Johnson. Deputy Sheriff Co-
lumbus Hall of Canton assisted very
materially in the search, chase and cap-
ture of the man.

THE HOME CIRCLE

Pleasant Beverages—A Col-
umn Dedicated to Tired
Mothers as they join the
Home Circle at Evening
Tide.

KEEPING MY FOUR CLEAN

This Daily, Weekly and All-the-Year
Plan Works Splendidly in Our Home

Georgene H. Wilder
"Oh, you think it is easy to keep a
child clean, do you?" I hear mothers
say with a laugh or a sigh. "I only
wish you had to try it with my Bob-
bie!"

I have been trying it with four chil-
dren of my own without extra help, and
I know whereof I speak.

The secret of success in the care of
a child is system just as it is the secret
of success in housekeeping or business.
Many mothers who adhere rigidly to a
schedule for the baby have no regular
times for caring for the bodies of the
older children. They let them go until
they offend the eye so badly that they
are caught by an exasperated mother
and given a general cleaning.

If the mother has allowed herself to
fall into the habit of giving the chil-
dren only a Saturday-night tubbing,
this sounds like a big undertaking.
Aside from the dressing and undress-
ing, however, ten minutes for each
child is ample time. When the child
is kept clean with a daily bath, this
ten-minute period will allow either a
sponge or a tub bath. Children more
than seven years old can be taught to
bathe themselves though it will be nec-
essary for the mother to attend to the
neck, ears and wrists of children un-
til they are about fifteen.

In a large family it is best to have
half the members bathe at night and
the other half in the morning so that
all will not want to use the bathroom
at the same time. The father and old-
er children will usually prefer cold
baths in the morning while the even-
ing should be reserved for little chil-
dren who are dirty from the day's play,
for those too amemic for cold baths
and for the mother who has little time
to give to her own care in the morning
if she must also prepare breakfast.

All the children should wash their
faces, hands, clean their nails and comb
their hair before coming to the break-
fast table.

After breakfast the children should
be trained to go to the toilet and to
brush their teeth before leaving for
school. The faces and hands of the
little ones should be wiped before they
are allowed to play.

Before lunch and dinner be sure to
have the children wash their hands with
soap and water and a nailbrush. This
is a necessary precaution if they are
to be kept well, for more infections are
carried from hand to mouth than in any
other way. A child is liable to have
disease germs of all sorts on his hands
when he comes in from school or play.

After lunch have them again attend
to the teeth and face and hands. In
summer I have found it best to have
the clean clothing put on at this time.

In the morning I allow my children all
reasonable freedom in regard to dirt.
Intentional carelessness should al-
ways meet with disapproval, accidents
passed over lightly. If a child is
to learn to keep himself clean, over to
be allowed to have nice clothes and
appreciate them, he must have practice
and I believe it is not unreasonable to
expect him to keep himself clean dur-
ing the afternoon to the extent of re-
serving clean plays for those hours.

Walks, rides, toys, books and games
have their place in the summer after-
noons.

In my family the young children are
all in bed by seven or eight the year
round. Before bedtime, during school
seasons, is the time to attend thorowly
to the children's toilets even if the
mother lets the dishes wait until the
children are in bed. She should then
give baths to those who did not bathe
before breakfast and wash the necks,
ears and hands of all, using a good
soap on the face to clean out the pores
that may be clogged with dust and dirt.
Thus she will prevent "blackheads."
See that nails are cleaned and teeth
brushed.

At night too have the children use
salt or a dentifrice on the teeth and
then run dental floss or a double strand
of white darning cotton between the
teeth.

We have recently become aware that
danger lies in the unsterilized tooth-
brush exposed in the bathroom. Can-
cerous saliva will make it sterile. Af-
ter the child has cleaned his teeth have
him rinse his brush and dip it in strong
salt water before putting it in place.

When colds or contagious diseases
are prevalent, when the day has been
dusty or the child has been in a crowd,
it is best to use the atomizer after the
teeth are cleaned, spraying both nose
and throat with a simple antiseptic.

The girls' hair should be thoroughly
brushed and lathered before going to
bed. Where it is still allowed to hang,
make two braids and roll the ends of
each in a kid curler to avoid ugly
straggling ends. Lay out the school

clothes, replacing those which are
soiled, and if necessary taking away
with rips or holes downstairs to be
mended later in the evening.

Have the children black the shoes be-
fore they wash, and be sure every nec-
essary thing is in order at night so that
when the child dresses in the morning
he will be ready for school or play.

Have one regular night on which you
cut the toe and finger nails,
Very little children need a weekly
shampoo.

Once a month have a day for giving
each child special care. In my family
I began washing them on their birth-
days, the fifth, thirtieth, seventh and
ninth of each month and have kept it
up ever since. I have found that the
best day to give them their attention
too. Besides being washed and hav-
ing a general looking over I give them
a shampoo, have the hair cut or trim-
med and clean the teeth of the little
ones myself by dipping an orange-wood
stick in sweet oil and then in powdered
pumice to remove tartar. Twice a year
I have the dentist look over the teeth.
To make this routine easy, copy and
tack up the following table as a remind-
er:

Daily. Before breakfast. Bathe or
wash, hair, nails, dress. After break-
fast: Teeth and toilet, hands and face.
Before lunch and dinner: Wash hands.
After lunch: Wash, clean clothes in
vacation; hair and teeth, nails. Bed-
time: Bathe or wash, tooth, hair, nails,
atomizer, black shoes, clean clothes.
Weekly. Cut nails. Monthly. Weigh,
shampoo, hair cuts, teeth.
All the year. Regular hours for sleep,
outdoor play and eating.

Shake Into Your Shoes

Allen's Foot-Powder, the antiseptic pow-
der, and get rest and comfort for tired,
aching, swollen feet. The quick relief
for corns, bunions and callouses. Sol-
diers and sailors use it. Sold every-
where.—Adv. 1-9-11.

AWARD OF THE SPECIAL WAR GARDEN PRIZES, GIVEN BY TRUSTEES OF CUMSTON HALL

"Since I am not old enough to go to
war I will be a true soldier and plant a
large garden and help feed the boys over
in France!" was the spirit of the
stories sent in by the patriotic youths
who entered this Special State of Maine
War Garden Contest conducted by
Boys' and Girls' Clubs Department of
the University of Maine, Agricultural
Extension Service.

Prize money was offered by the Trus-
tees of Cumston Hall, Monmouth,
to the extent of \$175.00. The State De-
partment of Education cooperated to
make this contest a success.

Winners are as follows:
Kenneth Field, Auburn, \$100.00
Bernard Eastman, Brooks, 50.00
Lawrence Sawyer, Thomaston, 25.00

These boys deserve much credit. The
competition was very close and no one
found it an easy task to carry off the
honors. Each competitor was required
to grow at least one-eighth of an acre
of garden, keep accounts, write a brief
story and exhibit at Cochuwanag Fair
at Monmouth.

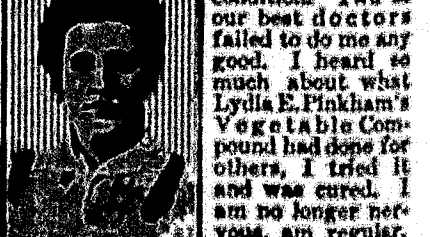
On one-third acre the winner pro-
duced \$228.90 worth of food, largely
beans. Eastman's record showed \$79.63
value of potatoes, and Sawyer report-
ed \$71.17 of garden truck, largely cor-
n. The 30 boys who finished cultivated six
and five-eighths acres, producing
\$452.85 worth of food at a profit of
\$1,356.13. This is excellent work for
boys 12-15 years of age. They were boys
many of whom had regular occupations
and carried this as a side issue to prove
their patriotism.

Men are like potatoes—they never
know when they will get into hot wa-
ter.

HOW THIS NERVOUS WOMAN GOT WELL

Told by Herself. Her Sin-
cidity Should Con-
vince Others.

Christopher, Ill.—"For four years I
suffered from irregularity, weakness,
nervousness, and was in a run down
condition. Two of our best doctors
failed to do me any good. I heard so
much about what Lydia E. Pinkham's
Vegetable Compound had done for
others, I tried it and was cured. I
am no longer nerv-
ous, am regular,
and in excellent
health. I believe the Compound will
cure any female trouble."—Mrs. ALICE
HILLEN, Christopher, Ill.



Nervousness is often a symptom of
weakness or some functional derange-
ment, which may be overcome by this
famous root and herb remedy, Lydia
E. Pinkham's Vegetable Compound, of
thousands of women have found by
experience.
If complications exist, write Lydia E.
Pinkham Medicine Co., Lynn, Mass., for
suggestions in regard to your ailment.
The result of its long experience is
at your service.

7th MAINE LEGION

Continued from pag

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Live Stock Sanitary Com-
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maximum \$8. He asked \$140,
in last year. About \$15,000
deducted from this for military

A Doctor's Gift to the World
A Remedy to Overcome Catarrh and Catarrhal Conditions was Dr. Hartman's Legacy to the World of Suffering.
The Doctor early recognized the insidious nature of catarrh and consecrated his life to checking the ravages of the worst of all health destroyers.
PERUNA
The Greatest of All Catarrh Remedies
Catarrh first attacks the mucous linings in the nose, throat, lungs, stomach, bowels or any other part of the body. Unchecked it finally breaks down the tissues and chronic ailments develop which, if not fatal, are always difficult to cure.
Guard your health with Peruna. Don't wait until an ailment is so advanced that it causes effects of the grip and many distressing remedies have been resorted to.
HAD CATARRH IN WORST FORM
"I had catarrh and was all run down. I was unable to do any work. I had a pain in my back and a pain in my head. I was so weak that I could not walk. I was so tired that I could not sleep. I was so miserable that I was ready to give up. I tried many remedies but nothing did me any good. I then tried Peruna and in a few days I was able to walk and sleep. In a few more days I was able to do my work. I am now as well as ever."—J. A. MCKENNA, 2111 Tyler St., Chicago, Ill.
WANT FOR THIS BOOK.
"I have written a book on Catarrh. It is a book that will tell you all you need to know about Catarrh. It is a book that will tell you how to cure Catarrh. It is a book that will tell you how to prevent Catarrh. It is a book that will tell you how to live with Catarrh. It is a book that will tell you how to die with Catarrh. It is a book that will tell you how to live with Catarrh. It is a book that will tell you how to die with Catarrh. It is a book that will

7th MAINE LEGISLATURE
Continued from page 1.

last year, because no one would bid on the work. The commission put the money elsewhere. The State now plans to build about 1,300 miles of trunk line of which about 468 is completed. The government is contemplating all kinds of measures for aiding states in highway work and I believe that if the government wants to give the State of Maine a dollar we want to get it.

He felt that something should be done with the Portsmouth bridge. Rough engineering estimates placed the cost of such a structure at \$2,000,000, which the federal government was expected to pay half, Maine a quarter and New Hampshire a quarter. It would take two years to build it. Maine was paying \$88,000 a year in tolls over this bridge annually, while the navy department paid \$260,000. In addition to that the fact of this toll bridge was keeping many persons out of the State. He felt that if by this investment we could save that \$88,000 and bring those people to Maine it was good business.

Messenger George W. Lendbetter for the Executive department outlined the tremendous increase of work due to the war, asking \$7,500 for postage, etc., against \$2,600 last year. Other amounts are: \$140,000 for State pensions (Civil War); \$102,000 for State paupers; \$10,000 for education of the blind; \$7,500 for burial of sailors, soldiers, and widows of same; \$50,000 for State contingent fund; and \$60,000 for the needy blind.

Of the latter, he said the Legislature thought perhaps 100 cases might be found when the law was enacted, but 430 applications were received. About 100 are on file, with 324 allowed. Eighty to 100 applicants are on the pauper lists and these were not aided, keeping them there in preference to taking them off and allowing others to go on the pauper lists. One or two of the aided are over 100 years of age, a number over 80 and some over 90 years. The death rate is 10 or 12 per cent among the applicants, showing their poor physical condition.

Live Stock Sanitary Commissioner Boyden Beane said the State in 1917 tested 26,000 cattle without the aid of the federal government but in 1918, with this aid, but 13,500 were tested. He urged the importance of proper attention to this work, as it is a well established fact that one of the greatest sources of tubercular infection in the human body is milk from tubercular cows. By eradicating the disease among the cattle the State was working to eliminate suffering among the people and incidentally reduce the number of sick patients which must be cared for in the sanatoria of Maine.

Gen. John Harper, State pension clerk, said there are now 2955 State pensioners and that they received an average of less than \$50 a year from Maine. The average was about \$3.62 a month; a few receiving \$5 and the maximum \$8. He asked \$140,000, same as last year. About \$15,000 was deducted from this for military pensions, on account of the shortage. About 300

special pensions granted by the Legislature; about 70 in 1917.

While the pensioners were finding no fault, he felt that the pensions should be increased.

Secretary James F. Bagley of the Charities and Corrections said the board would need \$12,000 for its work. He thought the secretary should have \$3,000 and a field agent added, at \$1,200, with increases for the clerks.

The Mothers' Aid work is done by the Charities and Corrections, without increase of appropriation. Administration of this last year cost \$3,500. The 1918 appropriation of \$25,000 was exhausted in September and claims of \$5,000 are pending. Dr. Gertrude E. Hall, inspector in charge of this work, said that about 50 per cent of the 554 claims had been allowed; a number of mothers had become self-supporting and only about 223 families were now receiving aid.

Achieve E. Fairbanks of Monmouth, inspector of steam vessels, asked an increase of \$1,000, due to the increased cost of travel, and office expense. A hull and a boiler inspector are now employed and 77 steam vessels and 141 motor craft were inspected in 1918.

Charles S. Brown, superintendent of public buildings and grounds, estimated the salary increase needed in his department to be \$2,314, based on \$500 more salary for the superintendent, \$900 for telephone operators, and in employees' salaries. The total appropriation asked was \$32,500, or \$1,000 more than last year. Fuel had greatly increased in cost, the Maine mansion had been added to the heated room.

State Treasurer J. W. Simpson said he would ask no increase in his own salary, but thought his deputy should be increased, with a total of \$900 increase for his department. The business had increased about 400 per cent, due largely to the weekly payment system, which meant individual checks for every State employee every week; handling daily the automobile receipts of the secretary of State's department; inheritance taxes, etc. He said that in his two terms he had saved or gained for the State about \$40,000 in interest at better rates on deposits in banks of State funds.

Roratio D. Crie, chairman of the Sea and Shore Fisheries Commission, said the sardine fisheries along our coast represented about \$25,000,000 a year and with other fish a total of \$50,000,000 was reached. It was impossible with the less than 20 active wardens of the past year to cover the 2,500 miles of Maine coast and he thought he should have at least 50 or 60 wardens with \$3 and expenses per day; including some plain clothes men who could ferret out the short lobster hides, etc.

The coal question was again taken up at Thursday's Budget hearing. Supt. of Buildings C. S. Brown, who said that two years ago the State was paying \$8.25 for coal for the State House and Maine. It has gone up to \$12.50, the price being fixed by the Fuel Administration. maximum \$8. He asked \$140,000, same as last year. About \$15,000 was deducted from this for military pensions, on account of the shortage. About 300

cords of wood was contracted for a year ago and about 100 cords is now on the Capitol grounds; in case of a coal shortage. The idea was developed on the question that a State purchasing agent, to buy all the State's coal, flour and other supplies bought in quantities.

Sen. Ames of Washington thought the estimates for the Passamaquoddy Indians about right although some items could be cut or dispensed with. \$22,225 for 1919 and \$21,835 for 1920 is asked. Councilor N. H. Fay suggested \$20,000 a year for this tribe. For the Penobscot tribe, \$25,535.55 is asked for each year.

Cecil Clay asked that the supreme court stenographer's salaries be increased from \$1,800 to \$2,100, saying they would then be below the basis financially of other States.

Dr. Carl J. Hedin, superintendent of the School for Feeble Minded at Pownall, asked \$121,000 for 1919 and 1920 each. The amount for 1917 was \$74,785 and 1918 \$80,000. Two hundred applicants await admission; so a dormitory to accommodate 103 is asked. A special appropriation of \$37,500 is asked for a power house and chimney and \$85,000 for equipment; \$90,000 for building an infirmary; \$10,000 for a horse barn; \$1,000 for cart shed; \$3,000 for motor and planing machine; \$7,000 for freight and coal pocket. About 1,600 tons is annually used of coal. Two thousand is asked for a bridge across creek near pumping station.

Trustee H. L. Keyser said the most urgent need of the institution was motive power for the pumping and electrical machinery of the plant.

THE PRUNING KNIFE

The application of the pruning knife is always spoken of in connection with the appropriations of any session of the Legislature, but never has it been so forcibly suggested and so early in a session as in the instance of the 76th Legislature. When it became known that the requests for money from the General Court of Maine already on file with the State auditor amount to twenty million dollars, with all the requests from every section of the State for this and that to come—then the Governor thought it time to call the attention of the legislators to the situation and ask careful and businesslike consideration of each and every item that will involve for the years 1919 and 1920 the expenditure of the State's funds.

A certain small, brown-covered volume, laid on the desks of each member of the Legislature last week gave them their first inkling as to the amount of money wanted and asked by the State departments, institutions of all kinds and individuals, aside from the resolves that have been presented. The figures contained in these requests total \$20,000,000, of which, if all appropriated, \$12,000,000 would have to be raised by direct taxation.

To raise \$12,000,000 in this way, would require a tax of 11 mills for 1919 and 10 mills for 1920, or 21 mills for the two years, the largest tax rate since the closing days of the Civil War. These 21 mills would be needed in spite

of the increased valuation of the property in the State.

A comparison of the valuation of the cities and towns as returned by the State assessors for 1918 shows an appreciable increase over the valuation of 1916, the figures upon which the tax for the years 1917 and 1918 was figured. The rate was then six mills for each of the two years.

If money is appropriated to satisfy the demands of departments, institutions and others, the increase in taxation in every locality is tremendous. No better way to show this can be found than by the following figures which show just what the increase would be in each of the cities for the next two years if the requests for money are kept within the limits already submitted:

Auburn	\$ 35,297.40
Augusta	82,942.80
Bangor	243,351.96
Bath	146,727.25
Belfast	36,030.28
Biddeford	116,924.33
Brewer	38,216.02
Calais	27,320.20
Eastport	19,731.06
Ellsworth	24,639.39
Hallowell	17,168.36
Lewiston	225,907.07
Old Town	38,081.70
Portland	774,334.87
Rockland	56,332.76
Saco	54,500.68
South Portland	62,315.04
Waterville	76,861.50
Westbrook	59,149.06

Just what the increase in taxes would be to the 16 counties of the State is shown by the following figures:

Androscoggin	\$480,187.30
Aroostook	566,014.18
Cumberland	1,193,488.73
Franklin	100,947.05
Hancock	230,262.64
Kennebec	413,477.33
Knox	159,388.73
Lincoln	103,410.88
Oxford	107,110.83
Penobscot	669,350.22
Piscataquis	253,770.15
Sagadahoc	183,179.55
Somerset	342,595.11
Waldo	122,473.01
Washington	205,949.36
York	504,163.64

One member of the Legislature voiced the feeling of many people when he said: "I come from the smallest county in the State so far as money is concerned, but if the demands for money are going to make the taxes in Lincoln county jump over one hundred thousand dollars in the next two years, I'm just going to get busy and get my pruning knife sharpened. I don't understand all the details of this Budget system the Governor has in his mind, but if it will help out the tax question, then I'm for it, believe me."

The Hearst Resolution
Rep. Cowan of Winterport on Thursday aroused interest by introducing a "Resolution requesting the Maine delegation in Congress to undertake some appropriate action, to prevent, if possible, the debarkation of homecoming troops at the port of New York, while William B. Hearst remains a member of the committee of welcome to homecoming troops. It follows:

Resolved, That whereas, the Imperial German government, in the year 1914, undertook to subjugate Europe and the world by means which included the breaking of solemn treaties, the deliberate infliction of brutal crimes on the helpless civilian populations of invaded lands, and the making of unarmed steamships, by torpedoes, in mid-ocean without warning, all in violation of the rules and usages of warfare among civilized nations;

And whereas, one William B. Hearst, by means of editorials published in the New York American, the Boston American, and other newspapers owned and circulated by him throughout the United States, commended and encouraged Germany in the wanton disregard of private and neutral rights, especially in the sinking of the Lusitania, whereby 114 American men, women and children were deliberately drowned, and has, furthermore, so conducted himself, at intervals, since the entry of the United States into the war, as to excite reasonable doubts in the minds of the American people as to his wholehearted loyalty to his government;

And whereas, the soil of France was drenched with the blood of men of Maine and of her sister states, whose lives were sacrificed by thousands without stint or regret, that an outlaw among nations might receive her just deserts for the commission of those wicked deeds in which she received the active, moral support of said William B. Hearst, be it therefore

Resolved by the people of Maine through their representatives in Legislature assembled, that the action of the present mayor of the City of New York in appointing said Wm. B. Hearst to membership on the committee of welcome to homecoming troops, is a goal set aside to those soldiers who have so bravely upheld the principles of our Americanism, and, particularly, to those who have only died in foreign lands, that these principles might live. And it is further resolved, that the members of the Maine delegation in Congress to and hereby are requested

"One Pipe does it all"

The Magee One Pipe Furnace



MAGEE One Pipe Furnaces have but one pipe and one register, so designed that it does the work of many.

MAGEE One Pipe Furnaces are reasonable in price; burn hard coal, soft coal, coke or wood, and the cost of installation is much less than any other style of heater.

MAGEE One Pipe Furnaces mean a coal cellar. You can keep your vegetables without trouble, for the outer section of the furnace is filled with cold air and draws off no heat, and the inner section is insulated with asbestos packing.

MAGEE One Pipe Furnaces are practical for almost every house. Write for particulars, showing, if possible, arrangement of your rooms, and we will advise you if the MAGEE ONE PIPE FURNACE is suitable for your particular requirements.

MAGEE FURNACE CO., INC., BOSTON

to undertake appropriate action to prevent, if possible, the use of the port of New York as a debarkation point for troops returning home from overseas, while said Wm. B. Hearst remains a member of said committee, in order that men of Maine may reenter their native land without enduring the humiliation and mockery of an official reception at the hands of a committee on which conspicuous place is given to one whose sympathy for their cause is of such doubtful character as to be still the subject of official investigation.

The resolution was tabled for printing.

Roosevelt Memorial
The following telegram was received Monday afternoon by Governor Carl E. Milliken:

"New York, Jan. 13, 1919.
"It has been suggested that the memorial meetings which are now being proposed throughout the country to honor the memory of Theodore Roosevelt should be held simultaneously on Feb. 9, the date of the proposed Memorial service in Congress. This suggestion has the approval of Col. Roosevelt's family and close friends. We therefore respectfully urge that you officially suggest the holding of such meetings in the various communities of your State simultaneously on Feb. 9, devoting that date to the honor of his memory as a great American."
(Signed) "Julius Holz, John Mitchell, Franklin K. Lane, John Sharp Williams, George E. Chamberlain, Henry Cabot Lodge, James W. Wadsworth, Jr., William M. Calder, Frank A. Kellogg, Hiram Johnson, Champ Clark, McMillin McCormick, James, Cardinal Gibbons, Thomas A. Edison, Charles E. Hughes, Oscar S. Strauss and James A. Garfield."

Governor Milliken immediately announced that, should it appear that the date mentioned, Feb. 9, should be acceptable to the States in general, he would issue a proclamation in accordance with the above request, setting aside that date for the citizens of the State of Maine to honor the memory of the late President, Theodore Roosevelt.

Governor on Ratification
Governor Carl E. Milliken, when asked for an expression of opinion on the ratification by the 36 states of the adoption of the national prohibition amendment to the Constitution of the United States, said:
"I am of course, delighted that national prohibition has now become a fact. So far as Maine is concerned the enactment of this amendment to the Federal Constitution will prove of great benefit, as it will be to all prohibition states, by preventing the shipment of liquor from states not enjoying prohibition."

Township 17 Titles
The 78th Legislature passed a resolution instructing the forest commissioner to investigate and clear the titles of the settlers on Township 17, Range 5, Aroostook county, being Chapter 83, Resolves of 1917. Commissioner Forest H. Colby has reported as follows:
"All the lots surveyed by A. E. H. in 1901 have been decided to the settlers by the landowners excepting Lot No. 14 containing 104 acres, claimed by Mrs. Christie LaFrance. This lot has about 35 acres cleared on the lot and the assessor is willing to buy at a reasonable price. The other claimants have small clearings in different places along the Caribou road, which runs through Township 17, Range 5. The names of settlers, as near as we can

ascertain, are as follows:

"Frank Guerette, about 10 acres cleared, fairly good buildings thereon; Emory Cyr, about 12 acres cleared, fairly good buildings thereon; Julia S. Peter, about 1 acre cleared, fairly good buildings thereon; Charles Dougherty, about 30 acres cleared, fairly good buildings thereon; Peter Dionne, about 6 acres cleared, fairly good buildings thereon; Alphonse Dionne, about 4 acres cleared, fairly good buildings thereon; Willie S. Peter, about 5 acres cleared, fairly good buildings thereon. "They all want to buy land outside of their clearings for wood, as well as for farming purposes.

"When asked what price they would be willing to pay for the land, they generally said: 'We are willing to pay what it is worth. Let the land agent buy as cheap as he can, but we want more land than our little clearings.' "This land in general is not as good for farming as other parts of the town. That part lying west of Daigle Brook is fairly good for farming purposes, but has been mostly burned over. We saw a number of settlers that would like to buy a lot in the Daigle Brook section. "This township was sold sometime in 1917 by the owners, Charles E. Dunn and others to the American Realty Co. and the sale has never been completed. On account of this litigation neither party could give a clear title of the land and there seems no way to clear the matter up in a safe and satisfactory manner at the present time. When this dispute is cleared up there will be no difficulty in clearing up these titles."

Androscoggin Election Case
It is understood that at a conference of the committee on election held Tuesday evening it was decided to take up the contested election case from Androscoggin county at 1 o'clock next Wednesday afternoon, Jan. 23, it being a contest made by Dr. Henry L. Irish of Turner for the seat of Edward H. Parent of Lewiston in the Senate. It is also understood that the vote of the county as officially reported to the secretary of State, with the exception of Ward 4 in Auburn, will be accepted as correct. That brings the matter to a settlement of the legality of the vote in Ward 4, Auburn.

Dr. Irish claims regarding the Auburn vote that outside the alleged frauds, errors in the official return gave Parent 1429 and Irish 945, and a correction would make the vote Parent 1424 and Irish 958. He also claims: "Your petitioner avers that the vote of Ward 4 of Auburn should be totally rejected, because of gross frauds and irregularities which occurred in the election in said ward."

Harry Mansie of Auburn and George S. McCarty of Lewiston will represent Senator Parent and Louis J. Hiram of Lewiston and Thomas Lee will represent Dr. Irish.

Sagadahoc Estimates
The following amounts have been submitted by the Sagadahoc county commissioners to the Legislature for assessment upon the county of Sagadahoc county for the years 1918 and 1920, as the amounts estimated by the commissioners to be necessary for said years, over and above the estimated receipts for the expenses of the county:

Sagadahoc Judicial Court	\$3680
Municipal court and trial justices	1500
Records, Record books, printing and supplies	900
Board of Prisoners	1200

(Continued on page 4.)

PRINCE ALBERT

the national joy smoke



YOU can't help cutting loose joy's remarks every time you flush your smokespot with Prince Albert—it hits you so fair and square. It's a scuttle full of jimmy pipe and cigarette makin's sunshine and as satisfying as it is delightful every hour of the twenty-four!

It's never too late to hop into the Prince Albert pleasure-pasture! For, P. A. is trigger-ready to give you more tobacco fun than you ever had in your smokecareer. That's because it has the quality.

Quick as you know Prince Albert you'll write it down that P. A. did not bite your tongue or parch your throat. And, it never will! For, our exclusive patented process cuts out bite and parch. Try it for what ails your tongue!

Tasty red bags, tidy red tins, handsome round and half pound tin tins—and that clever, practical pouch crystal glass tins—with sponge moisture top that keeps the tobacco in such perfect condition.

R. J. Reynolds Tobacco Company, Winston-Salem, N. C.

those which are necessary taking any downstairs to be evening.

black the shoes be sure every need be night so that school or play. night on which you finger nails, en need a weekly

a day for giving are. In my family on their birth-ly, seventh and have kept it the found that the om other attention weighed and hav- over I give them hair cut or trim- teeth of the little an orangewood it then in powdered hair. Twice a year took over the teeth. fine easy, copy and table as a remind-

Breakfast. Bath or dress. After break- fast, hands and face. Wash hands. Clean clothes in teeth, nails. Bod- teeth, hair, nails, clean clothes. Monthly. Weigh, bath. Bathing hours for sleep, bathing.

Four Shoes
the antiseptic pow- comfort for tired. The quick relief. Sol- e it. Sold every- 1-9-41.

THE SPECIAL REZES, GIVEN OF CUMSTON

led enough to go to soldier and plant a feed the boys ov- the spirit of the a patriotic youths al State of Maine ad conducted by the Department of Agricul- tural

tered by the Trus- all, Monmouth, to. The State De- on cooperated to success.

lows: \$100.00 Brooks, 50.00 Monmouth, 25.00 much credit. The close and no one k to carry off the work was required eight of an acre aments, write a brief Cushman Fair

the winner pro- of food, largely showed \$79.63 and Sawyer report- ruck, largely cora. shed cultivated six acres, producing ad at a profit of excellent work for e. They were boys regular occupation side issue to prove

toes—they never get into hot wat-

THIS WOMAN WELL

f. Her Sin- d Con- thers.

For four years I suffered, weakness, nervousness, and as in a run down condition. Two of the best doctors tried to do me any good. I heard so much about what Lydia E. Pinkham's Vegetable Compound had done for others, I tried it and was cured. I am no longer nervous, am regular, and in excellent health. Compound will cure you. Write to Lydia E. Pinkham, Mass., for your nearest agent. My experience is

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79th LEGISLATURE

(Continued from page 7)

Contingent Account,	1000
Law Library,	500
County Aid for Bridges,	500
Medical examiner's Bills and In-	
quests,	200
Prevention of Cruelty to Animals,	100
Repairs on County Building and	
Care of Grounds,	800
Court House Expenses, including	
Fuel and Janitor,	2400
Telephone, telegraph, postage and	
express,	350
County Officers, Salary and Clerk	
Hire,	8500
Suppression of Liquor Traffic and	
Expenses of Officers,	3500
Prevention of Cruelty to Child-	
ren,	1000
Interest on Temporary Loans,	200
Extraordinary Repairs on Bethel	
to Court House,	1000

Less Estimated Receipts,

\$1,700

Appropriation asked for 1919, \$25,500

The estimates for 1920 are a duplication of those for 1919, with the exception of the item for "Repairs on Court House and Care of Grounds," which is \$300 less than for 1919, making the total \$25,200.

The estimates are submitted by County Commissioners C. H. Mason, C. B. Randall and A. H. Thwing.

NEW MEASURES

Some of the new measures introduced in the House and Senate last week that may be of interest are as follows:

By Rep. Patton of Harmony.—Act for the rating and standardization of rural schools, providing that whenever the superintendent of schools or the superintendent of any town or three children shall petition the State superintendent of public schools to make an inspection of the rural schools of the town it shall be his duty to cause an inspection to be made and report to the committee his findings and recommendations. The State superintendent shall prepare a list of standards of buildings, equipment, organization and instruction and shall give such ratings upon such lists of standards to any schools that are inspected as their general condition, equipment and grade of efficiency may entitle them to.

Rep. Patton of Harmony.—Act to amend the Public Laws of 1917 relative to expenses of school superintendents of towns, providing that when it appears to the State superintendent that the efficiency of superintendents in any town is or may be lessened because of the financial burdens to towns, expenses for travel and other purposes required to be paid by the superintendent of such towns because of the number and location of schools, geographical or other conditions, the State superintendent annually in August shall issue to the Governor and Council a recommendation relative thereto and the Governor and Council on approval of the recommendation may draw a warrant for payment out of the sum appropriated for superintendents of towns composing school unions in favor of the superintendent or superintendents employed in the union within the year ending June 30 immediately preceding. Provided however, that the amount so paid for the benefit of a single union shall not exceed \$250 annually and shall in addition to other payments made to the superintendent and provided further that the amount so available for the equalization of such expenses shall not exceed one-fifth of the appropriation for superintendents of towns composing school unions.

Rep. Laumer of Bethel.—Act to amend the Revised Statutes relating to the opening of the polls for the election of state and county officers including all primary elections and for the election of municipal officers shall be opened at 8 A. M. and kept open until 5 P. M.

By Sen. Bennett of Kennebunk.—An act granting to women the right to vote for Presidential electors.

Sec. 1. Provides that every female citizen of the United States of the age of 21 years and upward, excepting paupers, persons under guardianship and Indians not taxed, who, not prevented by physical disability from so doing, is able to read the Constitution of the State in the English language in such manner as to show that she is neither prompted nor misled from memory, and to write her name, and shall have her residence established in this State for the term of three months next preceding any National election, shall be allowed to vote at such election in the city, town or plantation, where her residence is so established for Presidential election, provided that the names of such females shall have been entered upon the voting list of such city, town or plantation, on the same returns as provided for male voters under the provisions of Chapter 1, Revised Statutes of Maine, and all amendments thereto, entitled The Constitution and Rights of Voters, and provided that no female citizen of foreign birth shall be entitled to vote as aforesaid unless she has resided in the United States for at least five years.

Sec. 2. Provides that House of Representatives, municipal officers, school

SAVED MY LIFE SAYS MAN IN MAINE

Henry O. Hanley of 17 Cross street, Bethel, Maine, writes us: "I am feeling lots better and thank your Ellixir (Dr. True's Ellixir) saved my life." Dr. True's Ellixir is a great medicine, a family laxative and worm expeller. It tones the stomach, moves the bowels and expels worms. Surprising it is how many people have worms. Children suffer greatly from worms. Signs or symptoms of worms are: Swollen stomach, swollen upper lip, sour stomach, offensive breath, hard and full belly with occasional gripings and pain about the navel, pale face, leaden tint, eyes heavy and dull, twitching eyelids, itching of the nose, itching of the rectum, short dry cough, grinding of the teeth, little red points sticking out on tongue, starting during sleep, slow fever.

Write us if you want to. Address, Dr. J. E. True & Co., Auburn, Maine. Get Dr. True's Ellixir from your dealer at once. The cost is small. It expels worms and restores health. On the market for over 60 years.—Adv.

NORTH HARTFORD

Robert and Howard Henry are visiting friends in town.

A. J. Oldham drove his oxen to Lewiston, Wednesday.

H. P. Richardson of Boston spent a few days at the home of Emily and William Davenport. He returned to his work, Monday.

The widow and two children of Ernest Cash are staying at his father's, Anson Cash, for the winter. Fred Cash is also visiting there.

Bert Ladden is in very poor health.

Most all of the ice in this vicinity but it is only nine inches thick at the present time.

Wilma Davenport was in Rumford, Thursday to have some dentist work done.

Peter Thibodeau of Rumford was at E. R. Davenport's one day last week. He was looking for a farm to hire.

Almon Pollard visited at the home of Mrs. Buxton, Sunday.

P. R. Sargent dressed a beef cow for Albert Brown, recently.

Mrs. Nettie Stetson and daughter, Marion visited E. R. and Wilma Davenport, Tuesday.

School opened at Tyler Corner the 13th, with Mildred Richardson as teacher.

and assessors authorized under the provisions of Chap. 5 of the Revised Statutes of Maine to prepare a voting list shall enter thereon the names of all female voters qualified in the same manner as male voters.

Sen. Ames of Washington.—Resolve appropriating \$1,500 for the purpose of public instruction in forestry, the funds to be expended under the direction of the forest commissioner.

Rep. Forbes of Paris.—Resolve granting a pension of \$300 a year to Mrs. Rachel Stanley of Paris, formerly of Auburn. She is the widow of late John P. Stanley, who died Nov. 25, 1916, from injuries received from attack of a mad deer, received on Nov. 20 that year. Mr. Stanley had been superintendent of the Lake Umbagog hatchery for about 20 years. Mrs. Stanley is 65 years of age and was so badly injured that for a long time she required the assistance of a trained nurse. She has been and now is a great sufferer and some of her injuries seem to be permanent, especially injuries to her joints. Her husband left no property whatever and she is entirely dependent upon the charity of her people. She is absolutely helpless and since her injury has been unable to do any work of any kind.

Sen. Baxter of Bangor.—Act providing for amending Public Laws of 1917 relating to registration of motor vehicles, providing that whenever any person has once registered any motor vehicle of which he is the owner, the Secretary of State shall at the request of the person owning a motor vehicle as registered allow such person to keep and use the same motor plates for the entire calendar year for which the plates are issued, provided such person complies with the other provisions of the motor vehicle laws. The Secretary of State shall reserve until Dec. 1 of each year the same registration number for the succeeding year for persons having the number 2 to 3,000 for pleasure vehicles, and No. 1 to 5,000 for commercial vehicles. If such person shall previous to the first day of December in the current year pay for the registration of his motor vehicle for the succeeding year and otherwise comply with the provisions of the motor vehicle laws.

Sen. Stanley of Oxford.—Act to amend the laws relating to the incorporation of towns.

Harlie and Hicks stimulate the circulation.

NOTICE

A letter from Senator Bert M. Perkins, of Maine, informs us that under the provisions of this State, under the law enacted in 1917, the distribution plan, will be shipped from Washington about March 15. This will mean that the supply which the Senator has arranged for the Oxford County Citizens is distributed among its readers ought to be available by March 20.

NATIONAL CAPITAL.

(Continued from page 1.)

possibilities of Government, acting in harmony with industrial plans. Intentions, indeed, are excellent, but the mills of legislation grind quite as exceedingly slow as the mills of more classic legend.

A BANKRUPT SYSTEM

The methods for regulating the railways and utilities of the country have gone into bankruptcy, and Congress has again taken up the question of relief just where it left off nearly two years ago. War and McAdoo have put some starch into the situation, for war made an emergency, and Mr. McAdoo has been big and broad enough to apply practical remedies. But all Mr. McAdoo could do was to put a patch on the bankrupt system of regulation.

The chances are that the railroads will be returned to their owners within a few months, and before that is done there is need for new laws that will meet new conditions. Mr. McAdoo had the power to shoot up rates and wages, and his authority to lower them was just as broad. He proved that elasticity is needed in the handling of railway affairs, and he applied common-sense methods to the task. It is possible that a new Government Director of Transportation may be created, who will become a member of the Cabinet, and deal directly with the President and the Administration, thereby getting quicker results than under the old bankrupt plan of appealing to the Interstate Commerce Commission, Congress, and other very slow-moving bodies.

WAR WORKERS CLING TO WASHINGTON

The speed shown by war workers, whose Washington jobs have expired, in attaching themselves to other positions in the Government service, gives evidence that the Capital holds an appeal to the patriots, who have been working here for \$1800 and \$1400 a year, as compared to half those salaries at home. Breakfasts are still a dollar and a half, and rooms cost \$5 a night, at the best hotels of Washington, but there are lots of ways in which the young men and women who are working in Washington can live at considerable less than their salaries, and have considerable left over for their amusements.

MR. AND MRS. HOOVER, FOR INSTANCE

Several weeks ago a customer inquired the price of eggs at the best grocery store in Washington. "One dollar and ten cents a dozen," replied the clerk. "Where," was the response, "you had better not let Hoover know about that." "Oh, but Mr. Hoover buys these eggs here," returned the clerk. Good! At home eggs were selling in the regular markets at a round figure of cents at the time, which is unquestionably a pretty good price for eggs, but they were not "sterile eggs, guaranteed absolutely fresh laid," the kind Hoover preferred for his own table, and the kind many others demand regularly, as evidenced by the fact that the same store has difficulty in getting enough of this brand of eggs to supply their trade—and that trade has the extravagant egg habit which adds two cents or more to the price of each egg. Mr. Hoover, the apostle of thrift in foods, bought these expensive eggs.

At about the same time Mrs. Hoover told an audience of Washington's most intelligent women to buy chickens and turkeys for their tables, in place of other meats, urging that it was not practical to ship dressed fowl to the city, and that the other meats should be sent across the ocean to soldiers. The food she advised for her hearers was the more expensive kind. Mrs. Hoover has a reputation quite individual from that of her husband as an apostle of thrift in the kitchen.

On the face of the matter both Mr. and Mrs. Hoover might be accused of having expensive views, but either one of them could doubtless present sound and convincing arguments that would resolve conclusions in favor of their personal positions concerning eggs, chickens and turkeys.

THE SHOULDERS OF ATLAS

All modern devices are supposedly essential even though they increase the burden that rests upon the shoulders of humanity. The same philosophy that sees a telephone or a triple line the household extends to all contrivances that represent progress, a hearty welcome. When Atlas carried the world around on his broad shoulders there were no mischievous boys to stretch wires across his path. Atlas, the Strong Man, carried no heavier load than is borne by industry, as it walks abroad supporting the burdens of humanity. Poverty, crime, depression, social ills, unmet needs and uncertain conditions all these have existed in our nation at various times since August 1, 1914. In consequence billion dollar tax measures have become so certain as second-hand fashions in the "for sale" column. If there ever existed a balance wheel in our affairs, it appears to have worked off the shaft, and sober-minded men believe that it has been shattering through space quite long enough.

"WHAT GOES UP..."

There is an old adage that that which

goes up must come down, and philosophical Americans are trying to figure out the answer on their bills with the baker, the grocer, and the candlestick maker. With \$2.20 a bushel guaranteed wheat growers for the 1918 and 1919 crops, the problem is filled with complications, inasmuch as wheat, to a large extent, is a yardstick for determining the prices of foodstuffs in general. American farmers raised 900,000,000 bushels of wheat last year, and of this there is still an exportable surplus of 275,000,000 to 325,000,000 bushels. It is as certain as daylight that Europe is not going to take our surplus 1919 wheat crop at anywhere near the price guaranteed the farmer; and in view of this contingency advocates are attempting to discount future months by urging the Government to pocket a loss of three quarters of a billion dollars on the 1918 wheat crop, thus permitting wheat to seek its natural level. Wheat as the great food commodity, will need to be sustained against the fall that lies before it. If what goes up must come down, then either commodity prices or wages must break. When one breaks it will bring the other down with it. Wheat is an important element in the problem.

FRANKLIN VERSUS BURLESON

At a recent National Press Club affair the riddle was propounded: "Why is Mr. Burleson different from Benjamin Franklin?" The answer was: "Because Franklin started the postoffice, and Burleson finished it!" That represents the unanimous opinion of the Postmaster General, in the National Club. A few weeks ago the transatlantic cable people were quarreling with Mr. Burleson, and now the telegraphers union charges that "as a representative of the United States Government Mr. Burleson has not so far been as good as his word."

Through all the stormy days since the beginning of the war the Capital has been ringing with echoes of peculiar conditions in the Postoffice Department. The idea that democracy was to be secured through repressive measures has found its outlet in the suppression of radical newspapers, and experiments of doubtful value in the mail service. Unopposed Mr. Burleson's policies couldn't last a week; but he has hung his schemes onto the tail of Mr. McAdoo's kite—and whatever else may be said of the McAdoo plans, it cannot be denied that the gentleman himself inspired confidence in everything he undertook. Since Government control has seemed an inconsistency in saying that the Postoffice Department proposals should be thrown down. But the Capital is responding to the demand that appears to be gaining headway throughout the country that the great wire interests be divorced from the control of trifling politicians. With the owners of the properties apparently in agreement with the employees, as represented by the International union of telegraphers, who claim that "the Government failed to keep faith," the Burlesonian days of trifling appear to be numbered.

WILL GOVERNMENT WIN VICTORIES OF PEACE?

There is a belief that young men are required for war, and old men for counsel. Four million of the former have won the victories of war. Now the next job is to be the counselors. The problems of Peace call for the same valor and courage that have been displayed so splendidly in war. As we observe the progress of events from the viewpoint of the National Capital, the question becomes apparent: Will the country insist that its Government meet the problems of regulating its expenditures, adjusting its moral and industrial obligations, and in carrying out the further task of putting its own house in order? The victories of peace are to be secured the Federal Government, States, and municipalities must have a ready program for highways, rivers and harbors, and industrial improvements that will insure against unemployment. Secretary Lane is trying to make the "check to the farm" idea an actuality—but Congress lingers and lingers as to its course. The weary, weird, don't-know policy of letting railroads, public utilities, power problems, and the great railroad express interests struggle and groan under methods that are as much out of date as "blue laws," must give place to constructive, red-blooded action that will permit these institutions to proceed along a policy of "live and let live." Government must be unafraid of doing its duty toward great industries during the times of peace, when their every facility is not to be regarded as an essential in plans to win a war. Reconstruction is a panacea as much needed for America as for Europe, and under its broad branches employers and employees can doubtless agree among themselves, if they can only secure a concrete, definite understanding to the effect that industry and commerce will receive the full measure of protection which the democratic Government boasts that it keeps in store for all its citizens.

PROTEIN FOODS WHICH ARE WITHIN YOUR PURSE

No Sure Your Diet Contains Meat or Meat Substitutes. Complete Protein Foods Necessary in All Balanced Meals. Select Those within Your Purse. Quart of Milk a Day Necessary for Every Child.

In planning meals and when buying supplies, it is well to think of the following foods as in a class by themselves. Milk, eggs, cheese of all kinds, meats (excepting salt pork and bacon), poultry, fish, and sea food. These foods are grouped together because they provide what is now called adequate or complete protein or protein combinations. The term "adequate" or "complete" is used in connection with these proteins because of their important relation to the proteins of the body.

Protein is an essential part of all the tissues of the body, including the muscles, the blood, and the organs. The material out of which body protein is made is constantly changing. It is sometimes said that the muscles and other tissues of the body "wear out" and are in constant need of "repair." This is not an apt description of what really takes place, for it suggests periods of disorder in the body followed by periods of strength and well-being. As a matter of fact, the process by which body proteins take in new material to replace the old is a perfectly normal and healthy one which involves no "wearing out." The process does, however, create a never-ending demand for protein materials in the food.

Two Kinds of Proteins

The proteins of the diet are found chiefly in two classes of materials. To the first class belong milk, eggs, cheese, and flesh foods, all of which are relatively expensive under most conditions of living; and to the second belong the cereals (wheat, oats, corn, barley, rice and rye), and also beans, peas, and cowpeas, all of which are relatively cheap. There is an important difference between the proteins of these two classes of foods. The first are complete and the second incomplete. This means that of the "building stones," as chemists say, the amino acids, necessary for making body protein, the first supply all, while the second, with a few possible exceptions, are lacking in one or two.

To use bread or cereals in other forms to the exclusion of milk, eggs, cheese and similar foods is unsafe from the standpoint of health, but to use the latter foods in greater amount than is needed usually adds to the cost of the diet. It becomes an important matter, therefore, to know how much of the perfect protein food one should use. It is generally agreed that a child under six should have either 1 quart of milk a day, or, better still, three-fourths of a quart and 1 egg. A child over six should have a minimum of a pint of milk a day and a small amount of the other foods in the group.

A family consisting of four adults—two men and two women—all doing moderately active muscular work, should have a quart of milk a day and at least 1½ pounds of other complete protein foods or their equivalent in milk. For supplying protein a quart of milk may be considered the equivalent of 8 ounces of the other complete protein foods.

If the housekeeper decides to depend chiefly on the relatively inexpensive cereals, beans and peas, for most of the protein needed by her family, and to use the more expensive protein foods only in amounts sufficient for body needs, she has on her hands the problem of determining how far the small supply will go and what kind of dishes she can prepare from them. To begin with, she should remember that the usefulness of these foods is not dependent on the form in which they are served, provided, of course, they are prepared in wholesome ways. For example, an egg used in the preparation of muffins, corn bread, custard or ice cream goes as far toward making body protein as when it is boiled or poached.

Most housekeepers serve a central dish of meat or meat substitute for dinner and for luncheon or supper and some serve such a dish for breakfast. This habit, has the advantage of assuring a regular supply of the complete protein foods, but it may lead to the use of unnecessarily large amounts of them. A meal may be quite unusual in form and yet perfectly nutritious. It may consist of an unstrained meat soup containing the meat itself, with bread, or of cottage cheese with bread, butter, fruit, and vegetables. Or, it may seem to consist of dessert only, as when strawberry shortcake with milk as a beverage constitutes a supper or luncheon. The form of a meal is by no means the only or the chief point to be taken into consideration. More important is the total amount of perfect protein food and of the other needed foods used in the course of a day.

The total amount of complete protein food decided on by the housekeeper as desirable for her family may be served chiefly in the form of a central meat dish, or in the form of soups, vegetable dishes, and desserts as the following list suggests:

Dishes Supplying Complete Protein

SOUPS

Meat soups with the meat left in. Purees of dried beans or peas if made with milk or served, as they often are, with slices of hard-boiled egg. Milk soups, particularly if thickened with egg yolks.

SAUCES

Cheese sauces. Milk sauces, particularly if enriched with egg yolks.

BREADS

Ordinary bread made with milk. Popovers, muffins, or other quick breads made with milk and eggs.

VEGETABLES

Sweet corn baked with milk and eggs. Fritters made with vegetables or fruit cooked in batter.

SALADS

Tomatoes, peppers or onions stuffed with chopped meat or cheese. Bean or pea leaves made with cheese.

DESSERTS

Custards. Sponge cake. Milk puddings. Ice cream containing milk or milk and eggs.

Meat Substitutes and Meat Savers

No matter how much bread a person eats, or how much cornmeal or oatmeal, he falls short by just a little of obtaining everything needed for body protein unless he eats some of the complete protein foods. Eggs, cheese, fish, and poultry resemble meat in containing complete protein, and they are sometimes called meat substitutes. Cereals, beans, and peas, on the other hand, are called non-meat substitutes, but meat savers.

USE APPLES FREELY

The only fresh fruit many families in the North have during the cold months is the apple. Different ways of utilizing this kitchen standby are sure of a welcome from the cook.

The Department of Agriculture suggests the following ways of serving the apple:

Fresh apples may be stuffed with sausage and then baked; sliced and fried in fat to serve with meats, or served raw in salads.

Canned, dried or stewed apples may be varied greatly by changing the flavors used.

Canned apples make a delicious addition to custards or souffles, adding a piquant flavor.

Canned, dried or fresh, they form an acceptable basis for Brown Betty made with crumb.

Fresh or canned, the fruit may be utilized in short cakes, and in apple sauces.

ADVERTISING FOR CUSTOMERS

The following newspaper advertisements are given as suggestions to the farmer who wishes to develop a parcel post business. The wording can be changed to meet the conditions of each farmer.

FRESH eggs direct from farm. Send \$3.00 for three dozen delivered by parcel post prepaid. Fair View Farm, Blank, Maine.

BUTTER direct from dairy. Fresh, clean, and sweet. Send \$2.00 for two pounds delivered postpaid by parcel post. Fair View Farm, Blank, Maine.

FRESH vegetables for the family. Quality guaranteed. Send \$1.00 for basket of assorted vegetables delivered postpaid by parcel post. Fair View Farm, Blank, Maine.

CHEERIES from the tree to you by prepaid parcel post. Picked the day they are mailed. Send \$1.00 for 1 quart to Fair View Farm, Blank, Maine.

Chairman E. W. Wheeler of the Commission said the question of the State prison was not and could no longer be.

The prison was built upon after became a State and was modeled the old Massachusetts prison, the National Prison Commission pronounced the worst in the country. That commission had not Maine, otherwise another story.

The appropriations for extra work to be done at the State would fall under four heads.

The remodeling of the old wing, the new and comfortable cell block of 400,000. The old cell removed and to be replaced with cells. The old boiler had been from the coalingery fund to pay a new one. A building must be erected there; at a cost of \$150,000. He said it would be a profitable investment besides giving it as opportunity for out door work.

The need of a combination of containing a dining room, storeroom, chapel's room, school room, mess, dispensary hospital and with shop, none of which are at present, was set forth in convincing manner. The total would be \$40,000 and \$25,000 for heat.

Warden Frank J. Ham of the prison has interesting figures regarding there, the cost of the men in the cells and the sanitary conditions, the need of a platform for treatment of eyes of the prisoners. The cost of keeping a prisoner in 1918 was

(Continued on page 6.)

One-third of the average Legislative session has been by the 79th Maine Legislature the amount of business transacted is less than the average of the past few years. That is due from the fact that the handling of the State's business through the Budget is a task and is taking from the minutes of both House and Senate a vast amount of work.

The Budget Committee, consisting of the Joint Standing Committee on Appropriations and Finance, Governor McKenney, a former Senator, has been more constantly for about a year and will be in session about last week in January, in the session of the estimates for the year for the next two years.

Departments of the State, the State Institutions and State-aided with a multitude of other institutions with appropriations from these hearings will read many many hearings before committees, although any the right to further present or statements in that manner.

The Budget method by Maine, started two years ago, has been familiarized by many in attendance at some capital Legislature, but as they are acquainted with its workings in favor. It is simply a matter of knowing how many clothes he wants and measure of cloth before cutting, instead of log into it slap-hazard.

Among the most interesting matters heard during the few days by the Budget committee the following:

Dr. T. E. Hardy, president of the Maine Sanitary work had been done on Northern Maine Sanatorium, of war conditions. They \$40,000 for a building and \$25,000 for equipment.

They asked for a new men's also for \$350 for repairs on make it into quarters for \$100 for a house; \$4,000 for tools; and \$5,000 for machinery refrigerating plant.

Changes would accommodate children, 40 at the Northern 21 at Hebron. They now have Fairfield and 107 at Hebron. P. W. Hinekey, formerly of the Institutions trustees, a \$40,042 for each of 1919 and the school for boys.

The new building at the State Girls has been for \$45,000 appropriated. They \$30,000 for a laundry plant; \$10,000 for a hospital.

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